## Georgia Access Guide Reproductive Health for Reproductive Justice

**Reproductive justice** exists when all people have the economic, social and political power and resources to make healthy decisions about their bodies, sexuality and reproduction for ourselves, our families and our communities.<sup>1</sup>

We hope the Access Guide will be of use to you and those you know. We also hope that the Access Guide will get us closer to our goals of reproductive justice for all in Georgia.

### About the Access Guide:

The Access Guide is a program created by SPARK Reproductive Justice NOW! (formerly Georgians for Choice) to increase access to reproductive health and justice information and services in Georgia. Our work stems from the belief that women's healthcare and reproductive justice is a fundamental human right, and protecting that right leads to programs that address the social injustices toward all Georgians. When policies are created which endanger women's decisions and options regarding their bodies, safety and reproductive and sexual heath; young women, low-income women, refugee women, immigrant women, rural women, women of faith, disabled women, those belonging to LBTQI communities, and women of color are disproportionately at risk and often experience the most difficulty in attempting to access resources to live a life with dignity. When communities put the rights of these same individuals and their families on the backburner they further endanger the health and wellbeing of the whole community.

With the help of the Access Guide, we hope that one day (1) gynecological health, prenatal care, birthing, sex/sexuality education, abortion and birth control services will be completely accessible to anyone who needs them in Georgia. Period. (2) Georgians will have a comprehensive understanding of reproductive health that includes the complexities of women's lives and encompasses a broad understanding of reproductive health and social justice that recognizes the impact of ability, race, ethnicity, class, gender, sex, sexuality, religion, culture, violence, language, geographical location, etc...

By passing the Access Guide along to other Georgians; by sharing your experiences with healthcare, sex education, birth control, emergency contraception, abortion, sterilization, contraceptives, adoption, fighting for the right to parent, experiences of violence, law enforcement, prison system, immigration policies, service providers, and by getting involved with local groups working for reproductive rights, health and justice; YOU can increase public education and awareness of reproductive justice in Georgia!

### SPARK! Reproductive Justice NOW!

I. From the Asian Communities For Reproductive Justice paper, "A New Vision for Advancing our Movement for Reproductive Health, Reproductive Rights and Reproductive Justice."

## About SPARK:

**SPARK Reproductive Justice NOW! (formerly Georgians for Choice)** fosters a dynamic, collaborative model of leadership, collective action and discourse for reproductive justice throughout Georgia and the South. SPARK collaborates with communities to build and sustain a powerful reproductive justice movement throughout Georgia and the South. We use creative grassroots strategies to build knowledge, shift power and advance the reproductive justice discourse. We demand reproductive justice for our communities, our bodies, our lives and our future!

SPARK's work stems from the belief that women's health care and reproductive justice are fundamental human rights and must be protected in community practices and legislative agendas. Once threatened, the very cornerstone of social justice is compromised and individuals, along with the communities they live in, will continue to be marginalized.

We have a broad understanding of reproductive justice: Encompassing the struggle for racial and economic justice; lesbian / gay / bisexual / queer / transgender rights; civil liberties; environmental justice; peace; sexual health; freedom from violence; access to education, healthcare and childcare; disability rights; youth rights; immigrant/ refugee rights; women's rights and human rights.

**Funding for The Access Project:** Ms. Foundation for Women, Jessie Smith Noyes Foundation, The Public Welfare Foundation and the Tides Foundation.

Thank you to all who contributed to this edition of the Access Guide:

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To our ally individual activists, groups and organizations in Georgia, the Southeast and across the nation. We thank you for all you do to increase access to women's health care and reproductive justice.

For Our Communities, Our Bodies, Our Lives and Our Future, The SPARK (formerly Georgians for Choice) Staff and Community

## TABLE OF CONTENTS

## **GENERAL HEALTHCARE**

Medicaid	4
PeachCare (for kids)	4
Special Supplemental Nutrition Program	5
Preventive Healthcare	
revenuve riealuricare	0

## **REPRODUCTIVE HEALTHCARE**

Sexual Health Education Resources	8
Gynecological Services	10
Sexually Transmitted Disease and HIV Testing	10
Family Planning	12
Birth control	12
Emergency Contraception	15
What You Need to Know About Your Birth Control	
Population Control and Our Bodies	21
Pregnancy Testing	23
Prenatal Care	23
Abortion Information	26
Georgia Abortion Laws: Know Your Rights!	26
Abortion Providers	
Anti-choice "Crisis Pregnancy Centers": Beware of Fake Clinics!	31
Adoption Information and Services	32

## **REPRODUCTIVE HEALTH | Community**

Lesbian   Bisexual   Queer Women's Health		4
Resources for those Living with HIV/AIDS & th	eir Loved Ones3	5
Cancer Survivors		
Homelessness	40	)
Mental Health Services   Couseling, Wellness, Ther	aþy40	)
Substance Abuse		
Mentor Programs	4	3
Teen Resources		
Resources for Refugee and Immigrant Women	General45	5
Resources for Refugee and Immigrant Women	General45	5

## **REPRODUCTIVE HEALTH | Violence**

Violence - Intimate, Community, State	
Defining the Terms	
Sexual Assault/Rape Crisis Centers & Survivor Support	
Family & Intimate Partner Violence	
Institutional Violence	56
Immigrant Rights	58
Women and Families in Prison	

## **ADDITIONAL INFORMATION & FEEDBACK**

Additional Information
Evaluations, Order Form, Content Revision Requests

## **GENERAL HEALTHCARE**

Medicaid	4
PeachCare (for kids)	4
Special Supplemental Nutrition Program	5
Preventive Healthcare	6

### §

edicaid is a program that pays for medical assistance for certain individuals and families with low incomes and resources. This program became law in 1965 and is jointly funded by the Federal and State governments (including the District of Columbia and the Territories) to assist states in providing medical long-term care assistance to people who meet certain eligibility criteria, including: pregnant women, children and teenagers, people over 65, the blind and disabled, and those needing nursing home care. Pregnant women can receive Medicaid coverage the same day they apply. Medicaid can also arrange for free non-emergency transportation to and from Medicaid health centers. Medicaid is the largest source of funding for medical and health-related services for people with limited income.

### To apply for Medicaid:

- Call your county health department. To find the phone number of your county health department, call: Atlanta metro: (404) 657-2700 or Statewide: I-866-35I-000I (Tollfree)
- Call your county DFCS office. For the contact information of your county's DFCS office, call the statewide operator at: (404) 651-8409 or 1-800- 809-7276
- Call the Georgia Medicaid Office at 1-866-322-4260. This toll-free number will connect you to an operator who will tell you how and where to apply.
- If you are over 65, blind, or disabled, apply for the Supplemental Security Income (SSI) program to automatically receive Medicaid. Call: 1-880-772-1213 to find the nearest Social Security office.

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**eachCare for Kids** is a comprehensive health care program for uninsured children living in Georgia. The health benefits include primary, preventive, specialist, dental care and vision care. PeachCare also covers hospitalization, emergency room services, prescription medications, and mental health care. Each child in the program has a Georgia Better Health Care primary care provider who is responsible for coordinating the child's care. PeachCare for Kids began covering children in 1999, providing comprehensive health care to children through the age of 18 who do not qualify for Medicaid and live in households with incomes at or below 235% of the federal poverty level. This means a family of three can earn \$35,000 a year and a family of four can earn \$42,000 a year.

bout 143,000 children in Georgia are eligible for PeachCare. PeachCare is free for children under five, and costs \$10 to \$35 a month for one child. The maximum monthly payment is \$70 for at least two children in the same household. If payment is not received on time, then the child will be "locked out" of PeachCare for a month.

### Eligibility Requirements:

- U.S. citizens, certain qualified legal residents, refugees or asylees who reside in Georgia
- Age 18 and under (Eligible until 19th birthday)
- Uninsured
- Family income less than or equal to 235% of the federal poverty level, \$35,000 for a family of 3 and \$42,000 for a family of 4

### Your child may be ineligible if:

- Your child is eligible for Medicaid. If your child is eligible for Medicaid, then Peach Care for Kids forwards your application to Medicaid and your child will be enrolled.
- Your child has access to health insurance through a parent's employment with the State of Georgia, even if the parent has not purchased the state coverage.

### To apply, call: 1-877-GA-PEACH (1-877-427-3224) or visit http://www. Peachcare.org

### Georgia Healthy Families

Georgia Healthy Families is a new program that is required for almost everyone enrolled in Medicaid or PeachCare for Kids. Georgia Healthy Families allows members to choose a health plan and Primary Care Providers (PCP). Each plan offers different benefits and programs depending on your area. If you do not enroll, then a plan and PCP will be chosen for you. For more information call:

### I-888- GA- ENROLL (I-888-423-6765)

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**IC** is a <u>Special Supplemental Nutrition Program for Women, Infants, and</u> <u>Children</u>. WIC provides food, nutrition counseling, and access to health services to low-income women, infants, and children. WIC provides federal grants to states for supplemental foods, health care referrals,

and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children who are found to be at nutritional risk.

### The WIC target population is low-income, nutritionally at risk:

- Pregnant women (through pregnancy and up to 6 weeks after birth or after pregnancy ends).
- Breastfeeding women (up to infant's 1st birthday)
- Non-breastfeeding postpartum women (up to 6 months after the birth of an infant or after pregnancy ends)
- Infants (up to 1st birthday).WIC serves 45 percent of all infants born in the United States.
- Children up to their 5th birthday.

### WIC Benefits

- Supplemental nutritious foods
- Nutrition education and counseling at WIC clinics
- · Screening and referrals to other health, welfare and social services

### To apply for WIC services, contact either the State WIC Branch or your local health department. Georgia's WIC State Agency: 1-800-228-9173

### For the contact information of your county health department, call: Atlanta metro: (404) 657-2700 or Statewide (Toll free): 1-866-351-0001

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- reventive healthcare supports women in detecting breast cancer at an early stage when it is easitly treated and cured.
- Four ways to detect breast cancer early:
- Perform monthly breast self-examinations if you are a woman 18 or older.
- Have a clinical breast exam from your health care provider once a year if you a woman 18 or older.
- Have a screening mammogram (breast x-ray) every one to two years if you are a woman 40 or older. Women 50 and older should have a screening mammogram every year.
- If you have a family history of breast cancer, talk with your health care provider. You may need to begin having mammograms earlier than 40.

### What should I do if I can't afford a mammogram?

- The BreasTEST & MORE Program pays for mammograms, clinical exams and Pap tests for eligible women 40 and older. To find out if you qualify, call your local county health department or call 404-657-6629.
- The American Cancer Society, Georgia Division will be referring women for free or low-cost mammograms and education on self-breast examination through local offices throughout the month of October. Call I-800-ACS-2345 to find out what's available in your area.
- Many hospitals and mammography facilities are offering screening mammograms at a reduced cost during October. If your health insurance doesn't cover screening mammography, ask your doctor to identify a low-cost facility in your area.

### For the contact information of your county health department, call: Atlanta metro: (404) 657-2700 or Statewide (Toll free): (866) 351-0001

### Breast and Cervical Cancer Program (BCCP)

The BCCP is a statewide breast and cervical cancer early detection program that is offered by more than 200 public health clinics and selected nonprofit agencies to low income, uninsured and underinsured women.

### Screening Services:

- Clinical breast examinations
- Mammograms, if 40 or older
- Pelvic examinations
- Pap tests

### Diagnostic Follow-up Services:

Women detected with abnormal screening results are referred to participating health

care providers for diagnostic and treatment services. Diagnostic services and case management may be provided at no or low cost to eligible women. The goal is that every woman who has an abnormal screening result be referred for and receive the followup she needs. If treatment is necessary, then low-income women who are eligible may receive treatment services through the Women's Health Medicaid Program.

### Eligibility:

- Must have an income at or below 200% of the Federal Poverty Level (about \$18,000 for an individual and \$36,800 for a family of four)
- Must have no insurance or be underinsured and not otherwise eligible for Medicaid or Medicare
- Must have been one year or more since last mammogram and/or Pap test or have symptoms suspicious of breast or cervical cancer
- Women forty years and older may be eligible for clinical breast and pelvic examinations, Pap tests, mammograms, and diagnostic evaluations, if needed
- Women between the ages of 35 and 39 who have symptoms highly suspicious of breast cancer may be eligible for diagnostic evaluation
- Women less than 40 years of age who have abnormal Pap test results may be eligible for diagnostic evaluation services
- Women under the age of 40 may be eligible for clinical breast and pelvic examinations and Pap tests

### How do I access services?

Any woman may go to the Public Health Department in their county of residence, or call (404) 657–6611.

### For the contact information of your county health department, call: Atlanta metro: (404) 657-2700 or Statewide (Toll free): I-866-351-0001

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## **REPRODUCTIVE HEALTHCARE**

Sexual Health Education Resources	8
Gynecological Services	
Sexually Transmitted Disease and HIV Testing	
Family Planning	
• Birth control	12
Emergency Contraception	
What You Need to Know About Your Birth Control	
Population Control and Our Bodies	
Pregnancy Testing	
Pregnancy Testing Prenatal Care	23
Abortion Information	
Georgia Abortion Laws: Know Your Rights!	26
Abortion Providers	
Anti-choice "Crisis Pregnancy Centers": Beware of Fake Clinics!	
Adoption Information and Services	

### §

## Sexual Health Education Resources

Inited to teens, with the exception of emergency contraception and IUD's. Also offer weekly life skills classes, peer educators and teen advisory board, community education, after school tutoring, karate outreach, and summer dance classes.

In <u>School Health Education Program (INSHEP)</u>: INSHEP is a culturally sensitive early intervention education program for upper elementary and middle school students. The focal point of this program is the Taking Charge! Healthy Choices, Healthy Lives curriculum Topics addressed include self-esteem, decision making skills, hygiene and puberty. <u>Teen Action Group</u>: The Teen Action Group (TAG) is a peer education community service program for teens ages 15-18. TAG members gain skills in public speaking, leadership and communication. Members are also trained to speak on a variety of topics, such as responsible decision making, teen pregnancy prevention, and STD/HIV prevention.

<u>Boys to Men</u>: Started in 1996, Boys to Men began as a teen pregnancy prevention program, one of a very few designed specifically for young men. Now a youth development program for adolescents, Boys to Men gives youth a new outlook on their lives. Goals include creating onfident, creative, intelligent and responsible young men.

**Solution** Serve as Healthy Love Party Facilitators. Although originally designed with the needs of women in mind, Healthy Love Party Facilitators. Although originally designed with the needs of any audience regardless of gender, age or sexual orientation. College students, mothers, young adults, gay men, single women, lesbians, couples--the message is the same. Safer sex can be satisfying, sensual and fun!

To attend a Healthy Love Party or be trained as a HealthyLove Facilitator, contact SisterLove's Healthy Love Program Coordinator.

<u>HIV Prenatal Transmission Prevention Project:</u> Provides specialized prevention education for Latina, Asian American and African American women in Clayton, Cobb, Dekalb, Fulton and Gwinnett counties. Women of child-bearing age receive culturally relevant education meant to increase their awareness of HIV/AIDS, how it is transmitted and how to prevent its transmission during pregnancy, delivery and after their child's birth. Women testing positive for the virus will benefit from case management services that will assist them as they access local services and make informed decisions about their health, sexual lives and having children. The ultimate goal of the Project is to reduce the likelihood of the perinatal transmission of the virus.

If you are interested in attending an HIV/AIDS Perinatal Transmission Prevention workshop, or havequestions, contact the Health Education and Advocacy Program Coordinator.

<u>HIV/AIDS Prevention Project</u>: A multi-dimensional community education campaign focused on providing community outreach and education for African American women in the metropolitan area. The campaign includes life-altering workshops on HIV/AIDS transmission and prevention, HIV testing and counseling, a media campaign and targeted outreach to those most at risk.

The primary goal of the HIV/AIDS Prevention Project is to increase women's awareness and provide them with the information, skills, and resources needed to assess their personal risk and examine beliefs and behaviors that place them at greater risk for contracting HIV. If you are interested in attending an HIV/AIDS prevention workshop or have questions, contact the Health Education and Advocacy Program Coordinator.

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### **Gynecological Services**

n annual gynecological exam is an integral part of women's reproductive health care. It is an opportunity to have a physical check-up, discuss health related issues like nutrition, and to learn about contraception and prevention of Sexually Transmitted Diseases (STDs). A Pap smear is administered to test for cervical cancer, which can be easily diagnosed and treated. Screening for STDs is also an important part of an annual exam. Most STDs are treatable, but if undetected they can pose serious threats to health and future fertility.

### The following locations offer comprehensive gynecological exams:

The following focuations offer comprehensive	
Atlanta Surgi-Center, Inc(	
Atlanta Women's Health Clinic	(770) 457-5675
Atlanta Women's Medical Center(	404) 257-0057 / Toll Free: I-800-877-6332
Columbus Women's Health Organization	(706) 323-8363
Consolidated OB-GYN Specialty Group	
Dunwoody Women's Medical Group	770) 454-8080 / Toll-Free: 1-800-586-9790
Feminist Women's Health Center	
Grady Health System, Women's Health Service	
Greenville Women's Clinic(	
Lanier Family Planning	
, .	
Planned Parenthood of Georgia, Inc.	
Planned Parenthood of Georgia, Inc. For your nearest Planned Parenthood, dial Toll-	Free: I-800-230-PLAN
For your nearest Planned Parenthood, dial Toll-	
5	(404) 688-9300
For your nearest Planned Parenthood, dial Toll- Atlanta Augusta	(404) 688-9300 (706) 724-5557
For your nearest Planned Parenthood, dial Toll- Atlanta Augusta Planned Parenthood Reproductive Health Serv	(404) 688-9300 (706) 724-5557 ices, Inc.
For your nearest Planned Parenthood, dial Toll- Atlanta Augusta Planned Parenthood Reproductive Health Serv Cobb Gwinnett	
For your nearest Planned Parenthood, dial Toll- Atlanta Augusta Planned Parenthood Reproductive Health Serv Cobb Gwinnett	
For your nearest Planned Parenthood, dial Toll- Atlanta Augusta Planned Parenthood Reproductive Health Serv Cobb Gwinnett Lilburn	
For your nearest Planned Parenthood, dial Toll- Atlanta Augusta Planned Parenthood Reproductive Health Serv Cobb Gwinnett Lilburn Marietta	
For your nearest Planned Parenthood, dial Toll- Atlanta. Augusta. Planned Parenthood Reproductive Health Serv Cobb. Gwinnett Lilburn. Marietta. Savanah.	
For your nearest Planned Parenthood, dial Toll- Atlanta Augusta Planned Parenthood Reproductive Health Serv Cobb Gwinnett Lilburn Marietta	

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### Sexually Transmitted Disease and HIV

afer Sex Practices

Abstinence

No sexual activity with any partner.

100% protection from pregnancy and STDs

Barrier Methods

• Work by creating a barrier between bodily fluids (sperm, saliva, etc...).

### Condom

- Latex/plastic sheath placed on penis immediately preceding intercourse.
- 85-98% effective protection from pregnancy and STDs.
- · Available over the counter at pharmacies

### Female Condom

- Plastic sheath placed deep inside the vagina prior to intercourse.
- 79-97% effective protection from pregnancy and STDs.
- Available over the counter at pharmacies (limited availability)

### Dental Dam

- Plastic wrap or an un-lubricated latex condom cut open lengthwise may be used as a substitute.
- Can be used to prevent the exchange of bodily fluids and the spread of STDs during oral sex.
- Available over the counter at pharmacies (limited availability).
- · Does not prevent pregnancy-for use during oral sex only.

esting is anonymous on print date of this guide. If you have privacy concerns, please check for anonymous testing by consulting with the facility directly.
 NOTE: HIV Antibody Test Sites – Anonymous/Confidential

Anonymous- your name is never linked to the test. A number code is used. *Confidential*- you name and other information is kept in a confidential record.

Center for Black Women's Wellness, Inc	(404) 688-9202
Cobb/Douglas County Boards of Health	(770) 514-2314 (Cobb)
	(770) 949-1970 (Douglas)
DeKalb County HIV program	(404) 508-7866
Douglasville Public Health Center (English & Spanish)	(770) 949-1970
Eleanor Richardson Center	(404) 294-3700
Family Planning at Grady Health Services	(404) 616-3678
Fayette County Health Department	(770) 461-1178
National AIDS Education and Services for Minorities	(404) 691-8880
St. Joseph's Mercy Care Services	(404) 880-3711
Teen Services, Grady Health System	(404) 616-3513
Services restricted to women aged 18 and younger.	

### HIV Antibody Test Sites - Anonymous

Your name is never linked to the test. A number code is used.	
AID Atlanta	(404) 870-7700
Center for Black Women's Wellness, Inc.	.(404) 688-9202
Clayton County Health Dept.	
Jonesboro	.(678) 610-7199
Forest Park	(404) 363-6781
Fayette County Health Department	.(770) 461-1178
Feminist Women's Health Center(404) 728-7900 / Toll-Free:	1-800-877-6013
National AIDS Education and Services for Minorities	(404) 691-8880
Planned Parenthood of Georgia, Inc.	
For your nearest Planned Parenthood, dial toll-free: I-800-230-PLAN	
Atlanta	(404) 688-9300
Augusta	.(706) 724-5557

Planned Parenthood Reproductive Health Services, Inc.		
Cobb	(770)	424-1477
Gwinnett	(770)	381-2664
Lilburn		
Marietta		
Savannah		
HIV Antibody Test Sites – Confidential		
Your name and other information are kept in a confidential record.		
Center for Pan-Asian Community Services	(770)	936-0969
Center Hill Health Center	.(404)	699-6370
Henry County Health Dept		
North Fulton Regional Health Center		
Our Common Welfare, Inc	.(404)	284-9878
STD Test Sites	. ,	
Atlanta Surgi-Center, Inc(404) 892-8608 / Toll-Free:	I-800	-282-1046
Atlanta Women's Medical Center	.(404)	257-0057
Feminist Women's Health Center(404) 728-7900 / Toll-Free:	1-800-	877-6013
Dunwoody Women's Medical Group(770) 454-8080 / Toll-Free:		
Summit Medical Associates	I-800-	537-2985
Volunteer Women's Medical Clinic	.(865)	522-5173
Planned Parenthood of Georgia, Inc.		
For your nearest Planned Parenthood, dial toll-free: I-800-230-PLAN		
Atlanta	.(404)	688-9300
Augusta	.(706)	724-5557
Planned Parenthood Reproductive Health Services, Inc.		
Cobb	.(770)	424-1477
Gwinnett	.(770)	381-2664
Lilburn	(770)	381-2664
Marietta		
Savannah		
T.O.Vinson Health Center	.(404)	294-3762

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## **Family Planning**

### **Birth Control**

What kinds of birth control are there?

Please also read "What You Need to Know About Your Birth Control" (p. 27), especially for those with an asterisk (\*).

Abstinence: No sexual activity with any partner.

• 100% protection from pregnancy and STDs

**Rhythm Method** Involves careful tracking of your fertility cycle and choosing to engage in intercourse only on specific days in your cycle.

• You must keep at least two months of charts before using this method as your only

form of birth control.

- 75% effective protection from pregnancies. DOES NOT prevent STDs- use latex/ female condom or dental dam to reduce risk.
- You MUST talk to a health care provider before using the rhythm method because of the complexity and dedication it requires.

### Barrier Methods: Work by blocking sperm from entering your cervix.

Condom

- Latex/plastic sheath placed on penis immediately preceding intercourse.
- 85-98% effective protection from pregnancy and STDs.
- Available over the counter at pharmacies

Female Condom

- Plastic sheath placed deep inside the vagina prior to intercourse.
- 79-97% effective protection from pregnancy and STDs.
- Available over the counter at pharmacies (limited availability)

### Diaphragm

- Latex disk that covers cervix, blocking sperm; must use with spermicide.
- 80-94% effective protection from pregnancy. Does NOT prevent STDs—use latex/ female condom or dental dam to reduce risk.
- Available by prescription from your health care provider

### Cervical Cap

- · Latex cap placed over cervix to block sperm; must use with spermicide.
- 80-91% effective protection from pregnancy. Does NOT prevent STDs—use latex/ female condom or dental dam to reduce risk.
- · Available by prescription from your health care provider

Dental Dam

- Plastic wrap or an un-lubricated latex condom cut open lengthwise may be used as a substitute.
- Can be used to prevent the exchange of bodily fluids and the spread of STDs during oral sex.
- Available over the counter at pharmacies (limited availability).
- Does not prevent pregnancy—for use during oral sex only.

Contraceptive Sponge

- Foam sponge containing spermicide that covers the cervix; must be placed in vagina before intercourse and removed several hours after intercourse.
- 84-91% effective protection from pregnancy. Does NOT prevent STDs- use latex/ female condom or dental dam to reduce risk.
- Available over the counter at pharmacies.

Lea's Shield

- Silicone barrier that covers cervix and blocks sperm; must use with spermicide.
- 85-97% effective protection from pregnancy. Does NOT prevent STD's- use latex/ female condom or dental dam to reduce risk.
- Available by prescription from your health care provider.

**Medicinal Methods**: Regular doses of hormones that control your menstrual cycle. Ask your healthcare provider about possible side effects.

Birth Control Pill

- A hormone pill taken at the same time each day.
- 95-99.9% protection from pregnancy. Does NOT prevent STDs; use latex/female

condom or dental dam to reduce risk.

• Available by prescription from your health care provider.

*NuvaRing*: A small flexible ring is inserted into the vagina once per month releasing hormones.

- Assumed to be more effective than the pill at pregnancy prevention. Does NOT prevent STDs; use latex/female condom or dental dam to reduce risk.
- Available by prescription from your health care provider

### Ortho Evra "The Patch" \*

- A thin plastic patch is placed on the skin once per week for three weeks releasing hormones. The fourth week is skipped to allow for menstruation. Each patch must remain on skin continuously (for an entire week) during use.
- Assumed to be more effective than the pill at pregnancy prevention. Does NOT prevent STDs; use latex/female condom or dental dam to reduce risk.
- Available by prescription from your health care provider

Emergency Contraception: Also known as the Morning After Pill

- Can prevent unintended pregnancy up to 5 days after a woman has unprotected sex.
- EC DOES NOT cause an abortion; it prevents pregnancy.

*Injected Methods:*Shots of hormones that control your menstrual cycle. Ask your healthcare provider about possible side effects.

Depo-Provera\*

- A shot of hormones injected once every 12 weeks.
- 99-99.7% protection from pregnancy. Does NOT prevent STDs; use latex/female condom or dental dam to reduce risk.
- Available from your health care provider

### Inserted Methods

IUD

- A T-shaped object inserted into the uterus prevents sperm from fertilizing egg.
- Over 99% effective at preventing pregnancy. Does NOT prevent STDs; use latex/ female condom or dental dam to reduce risk.
- Must be inserted and removed by a health care provider

IUS

- Similar to an IUD but contains levonorgestrel, a hormone.
- Over 99% effective at preventing pregnancy. Does NOT prevent STD's- use latex/ female condom or dental dam to reduce risk.
- · Must be inserted and removed by a health care provider

### Progestogen

- Contraceptive rod containing progestin (hormones) that is inserted in the upper arm.
- Over 99% effective at preventing pregnancy. Does NOT prevent STD's- use latex/ female condom or dental dam to reduce risk.
- Must be inserted and removed by a health care provider. Ask about possible side effects.

*Cream Methods:* Applied inside your vagina to kill sperm. Some condoms are lubricated with spermicide.

Spermicide

- Jelly, foam, suppository, or cream inserted deep into the vagina prior to intercourse.
- 71-85% effective protection from pregnancy. Does NOT prevent STDs; use latex/ female condom or dental dam to reduce risk.

**Permanent Methods**: Surgical methods that make females incapable of ever getting pregnant or males incapable of impregnating.

Tubal Ligation

- Non-reversible surgical procedure for females.
- Must be performed by a physician.

Essure

• Non-removable surgical procedure for females, must be performed by a physician but does not require anesthesia or abdomen incision.

Vasectomy

• Reversible surgical procedure for males, must be performed by a physician.

## **Birth Control Providers**

Atlanta Surgi-Center, Inc.(404) 892-8608 / Toll-Free: 1-800-282-1046Atlanta Women's Medical Center(404) 257-005Columbus Women's Medical Center(404) 257-005Columbus Women's Health Organization(706) 323-8363 / Toll-Free: 1-800-532-5383Consolidated OB-GYN Specialty Group(404) 534-0035Dunwoody Women's Medical Group(770) 454-8080 / Toll-Free: 1-800-586-9790Feminist Women's Health Center(404) 728-7900 / Toll-Free: 1-800-877-6013Grady Health System, Women's Health Servic(404) 616-4646Greenville Women's Clinic(864) 232-1584 / Toll-Free: 1-800-776-0082Lanier Family Planning(770) 889-0133Planned Parenthood of Georgia, Inc.
For your nearest Planned Parenthood, dial Toll-Free: I-800-230-PLAN
Atlanta(404) 688-9300
Augusta(706) 724-5557
Planned Parenthood Reproductive Health Services, Inc.
Cobb(770) 424-1477
Gwinnett
Lilburn(770) 381-2664
Marietta
Savannah
Savannah Medical Clinic
Summit Medical Associates(404) 607-0042 / Toll-Free: 1-800-537-2985

## **Emergency Contraception**

mergency Contraception (EC), also known as the Morning After Pill, can prevent unintended pregnancy up to 5 days after a woman has unprotected sex. EC DOES NOT cause an abortion; it prevents pregnancy. If you are already pregnant, EC will not work. EC pills contain a high dosage of hormones that are found in a few types of birth control pills and can prevent pregnancy if taken up to 120 hours after unprotected sex (EC is more effective the sooner it is taken). lan B, a progestin pill for emergency contraceptive use, is now available over the counter without a prescription for anyone over 18 years old! If you are 17 or younger, you will still need a prescription from a healthcare provider. In Georgia, pharmacists are allowed to refuse to fill prescriptions based on ethical or moral beliefs. If you are denied EC please contact **SPARK (formerly GfC) at 404-532-0022**.

For information and providers of Emergency Contraception, call the EC National Hotline: I-888-NOT-2-LATE www.not-2-late.com

Emergency Contraception Providers in Georgia: Alma	
Bacon County Health Dept(9	912) 632-4712
Alpharetta	
Arista OB/GYN, Ken Healey, MD(770) 475-1666 / Toll-Free: 1-	877-893-1100
Athens	
Athens-Clarke County Health Department	
Bring picture ID and ask for Reproductive Health. Monday-Friday, 9am-5pm	with Tuesday
late hours until 7pm.	
Athens Regional Medical Center(7	06) 475-7000
Depending on doctor available, may or may not be able to obtain EC.	
UGA University Health Center	
Women's Clinic	706) 542-8691
8am-12pm, Ipm-5pm, Monday-Friday.	
Acute Care Clinic	06) 542-8609
Walk-ins 12pm-1pm, 5pm-8pm; Saturday and Sunday 10am-5pm during aca	demic year.
Pregnancy test not required. Services restricted to students only.	
Atlanta	
Atlanta Surgi-Center, Inc	800-282-1046
Atlanta Women's Medical Center(4	04) 257-0057
Atlanta Women's OB-GYN(4	04) 352-3616
Services restricted to established clients.	
Consolidated OB/GYN Specialty Group(4	04) 534-0035
Dunwoody Women's Medical Group(770) 454-8080 / Toll-Free: 1-8	800-586-9790
Feminist Women's Health Center(404) 728-7900 / Toll-Fre	e: 1-877-6013
Grady Health System	
Teen Services, Grady Health System(4	04) 616-3513
Services restricted to women aged 18 and younger.	,
Women's Health Service(4	04) 616-4646
Women's Urgent Care, Grady Health System	104) 616-8621
James Roberts, MD	
Millennium Healthcare	,
Mount Vernon OB/GYN	,
Services restricted to established clients	,
Planned Parenthood of Georgia, Inc.	
For your nearest Planned Parenthood, dial Toll-Free: I-800-230-PLAN	

Atlanta Augusta	
, lagusta	(/00)/21000/
Planned Parenthood Reproductive Health Services, Inc.	
Cobb	(770) 424-1477
Gwinnett	
Lilburn	, ,
Marietta	( )
Savannah	
Stephen M.Ayres, MD, PC	
Summit Medical Associates	1-800-537-2985
Augusta	
Planned Parenthood Reproductive Health Services, Inc	(706) 724-5557
R. Glen Owen, MD PC	
Austell	
Wellstar Cobb Gynecologists	(770) 732-5400
Baxley	· · /
Appling County Health Department	(912) 367-4601
Blackshear	
Pierce County Health Department	(912) 449-2032
Calhoun	(
Owasa Family Medicine, PC	. (706) 625-0333
Canton	
Cherokee County Health Department	(770) 345-7371
Claxton	
Evans County Health Department	(912) 739-2088
Cobb	(//12)//07/2000
Planned Parenthood, Marietta	(770) 424-1477
Columbus	(//0) 121-11//
Columbus Women's Health Organization	(706) 323-8363
Cumming	(700) 525-0505
Lanier Family Planning	(770) 889-0133
Greenville	(770) 887-0155
Greenville Women's Clinic	. 1 000 774 0000
Greenvine vomens Childcanana (664) 232-1364 / 1011-Free	. 1-000-776-0062
Planned Parenthood, Lilburn	(770) 201 2664
Hiram	(770) 301-2004
Hiram Wellstar Cobb Gynecologists	((70) 045 0245
	(678) 945-8345
	(010) 407 0100
Clinch County Health Dept	(912) 487-2199
LaGrange	
Clark-Holder Clinic.	
LaGrange Obstetrics & Gynecology	(706) 812-2229
Lindale	
Valley Health Care	(706) 295-5150
Metter	
Candler County Health Dept	(912) 685-5765
Nahunta	

Brantley County Health Dept. Family Planning(4 Pearson	404) 46	62-6165
Atkinson County Health Department	912) 42	22-3332
Reidsville	,	
Tattnall County Health Dept	912) 5!	57-7850
Rome		
Floyd County Teen Plus Center	706) 8	02-5372
Roswell		
Atlanta North Gynecology, P.C	770) 99	92-2691
Savannah		
Savannah Planned Parenthood	912) 3	51-0116
Savannah Medical Clinic	-800-24	47-4424
WomanCare Obstetrics and Gynecology		
Waycross		
Ware County Health Department(9	912) 2	83-1875
Woodbine		
Woodbine Family Care Center(	912) 5	76-5999

In addition to the providers listed here, the following website provides additional resources: **www.getthepill.com** 

A medical internet site that provides prescriptions for emergency contraceptive pills for \$39.95.This website is available 24 hours; packs of Plan B can be shipped overnight for \$24.90.You must be a US resident and over 18 to use this service.

# I have a prescription for Emergency Contraception, now what do I do?

Not all pharmacies carry Emergency Contraception. You should call the pharmacy of your choice to make sure they stock EC before taking your prescription there.

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### What you need to know about your birth control

Excerpted from the "What You Need To Know About Your Birth Control Brochure," Produced by the Committee on Women, Population and the Environment (CWPE) © 2006

### Norplant I : Consisted of six rods and prevented pregnancy for 5 years

### Critical Concerns:

• Clinical tests without informed consent was conducted in many countries, including India, Indonesia, and Brazil.

Women were not told about the trial or given forms that were not in their language.

- Many women were not counseled on the side effects nor given follow-up OB/GYN care following the trial.
- Norplant insertion and removal were not told that the device must be removed after 5 years. Removal has been known to cause difficulties based on the skin growing over the implant causing it to be difficult to remove, or sometimes breaking a rod during removal.

### Impact & History:

- FDA Approved in 1990, Norplant was identified as the new answer to "inner city poverty," blaming Black women for their poverty.
- The government was encouraged to offer financial incentives to distribute Norplant among the poor.
- In July, 2002, a series of lawsuits concerning Norplant's side effects led to norplant being pulled off of US and Canadian Markets.

## Norplant II (Jadelle): Consisted of two rods, as opposed to six rods of Norplant I, for easier insertion and removal

### Critical Concerns: See Norplant I Above

### Impact & History:

- FDA Approved in 1996 to be used in other countries widely available in population control / family planning methods.
- Presents the same concerns of five year insertion without possible follow up care.

**Depo Provera: An injectable form of the hormone, progesterone.** The hormone enters your blood stream and systematically prevents pregnancy by keeping eggs from being released from the ovaries and by thickening the cervical mucus so that it is hard for sperm to swim. Each shot provides a dose that lasts for 3 months. (Another more recent and less widely used injectable, Lunelle, contains both progesterone and estrogen as a monthly shot).

### Critical Concerns:

- A 2004 study found that women taking Depo Provera were 3 times more likely to have Chlamydia and gonorrhea.
- Policy makers, doctors and media have touted this to be a tailor-made choice for poor, young women of color, mothers and welfare, and women with disabilities. As TIME Magazine highlighted, "... Unlike condoms, Depo is a set-it-and-forget-it birth control method." In other words, a perfect way to stop reproduction.
- Using Depo Provera can cause loss of bone density and increase the risk of osteoporosis.
- Depo Provera has been associated with the following side effects: Serious weight gain, headaches, loss of sex drive, acne, delayed return of fertility, nervousness and depression, sterility, increased risk of breast, cervical, and uterine, excessive bleeding or hair loss cancers

### Impact & History:

- From 1967 to 1978, Upjohn, Inc., the original distributor of Depo-Provera, conducted experiments on 14,000 women in Atlanta, Georgia's Grady Clinic. Many of these women did not consent; 50% of the subjects were Black, low income, and rural women.
- Depo was also used on poor, indigenous women of color without FDA approval.
- FDA denied approval of Depo (in 1967, 1978, and 1983) due to increased risk of breast and uterine cancer. In 1992, regulations of cancer testing requirements changed, permitting the approval of Depo Provera to be widespread.

• It continues to be used in Family Planning programs on women of color and working class women in the Global South.

**The Patch (Ortho-Evra):** The size of a matchbook, the patch can be worn on your buttocks, abdomen, upper torso (not on your breasts), or upper outer arm. It delivers steady levels of two hormones— estrogen and progesterone— through your skin and into the bloodstream. The path prevents pregnancy the same way that birth control pills operate: by stopping the release of the egg.

### Critical Concerns:

- Because it exposes you to 60% more estrogen than typical birth control pills, it puts you at risk for developing life-threatening side effects, including blood clots, stroke, or heart attack (especially if you smoke).
- We are concerned about the long-term impact of hormones being cumulatively released into the body.

### Impact & History:

Since it has been on the market in 2002, there is mounting evidence for women to experience blood clots, fatal heart attacks, and pulmonary embolism.
 By November, 2004, there were 23 deaths associated with the patch, of which 17 were directly related to blood clots.

**Quinacrine:** Comes in the form of pellets that are inserted into the uterus, causing scar tissue formation that permanently blocks the fallopian tubes, making the passage of eggs impossible.

### Critical Concerns:

- Long-term side effects are unknown, but short-term side effects include: Burning and irritation of the vaginal walls, uterine adhesions, narrowing of the cervical opening, stimulation of the centeral nervous, toxic psychosis system, perforation of the uterus
- Quinacrine is an agent that causes mutations in the living cells.

### Impact & History:

- Quinacrine was originally produced as an anti-malarial pellet and has been approved for this use by the FDA; it, however, has never been approved by the FDA to be used for permanent sterilization.
- Chile and India have outlawed the use of Quinacrine for sterilization
- Public funding and gifts from individuals of the Federation for American Immigration Reform has support Dr. Mumford and Dr. Kessel to provide Quinacrine as part of their population control campaign.
- More than 100,000 women in 19 countries have been sterilized without being informed about the side-effects or experimental nature of the procedure
- **Implanon:** The only implant currently marketed in the U.S. It is a silicone rode a little less than 1.5 inches in length, inserted under the skin. It works systematically by gradually releasing etonogestrel into the body. Etonogestrel is a progestogen hormone that interferes with monthly release of the egg and thickens the cervical mucus.

### Critical Concerns:

- The biggest concern is the difficulty in trying to get the implant removed if you experience side-effects, especially for women without the financial means to get it removed professionally.
- Many women have reported painful removal because of weight gain or scar tissue that grows over the implant.
- Implanon users can experience: Prolonged and frequent bleeding, no periods at all, weight gain, headaches, nausea, breast pain, acne, loss of sexual desire
- It must be removed after three years or it will increase the chances of an ectopic pregnancy (pregnancy in the fallopian tubes).

### Impact & History:

- Manufactured by Organon, Implanon was approved in the U.S. by the FDA in July of 2006.
- Although it is relatively new in the U.S., it has been used since 1988 in over 20 international markets such as Canada, Australia, and Indonesia

## For more information about dangerous contraceptives, please visit www.cwpe.org

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### **Population Control & Our Bodies** By the Committee on Women, Population & the Environment

What is the relationship of women of color and poor women being criminalized and controlled to the principles of reproductive justice? Historically we have been criminalized for having sex, and for being mothers. Our bodies have never been seen as our own, as they are to be commodified and controlled by state and communal institutions. Based on colonization and slavery we are either seen as labor, breeders of labor, or sexual objects. Women of color and poor women's bodies in particular have been used involuntarily for unethical practices of forced sterilization abuse and testing grounds of contraceptive technologies that still go on today. The Committee on Women Population and the Environment recognizes these attacks on women's health as unethical attempts to control women's lives and dictate who among us can have, and keep children. While reproductive justice asserts that we should have the choice to be mothers or not to be mothers, and to have safe and secure conditions for our lives, families and communities CWPE works for reproductive justice and environmental justice by strongly opposing these demographically driven population policies and practices that do not ensure safe and secure environments for all women and our communities.

Population Control mythology promotes that poor women and women of color are the root cause of environmental degradation, because we are falsely accused as over burdening natural resources and social systems. Unfortunately these myths pervade and allow the continued unaccountability of the military industrial complex, corporate industrial waste and the over consumption of wealthy communities in first world nations to go unnoticed as the true root causes. When looking at environmental degradation we are not looking at 'the richest fifth of the worlds' people consume 66 times as much as the poorest fifth' (Population Development Program at Hampshire College; http:// popdev.hampshire.edu) nor identifying the social inequities of natural resources and human rights based on systems of oppression, imperialism and a market driven economy.

These beliefs pervade in government funded programs that subsequently punish poor women through such practices as administering family caps for women on welfare; or only providing high risk birth control such as Depo Provera through Medicaid and not offering any choices for women to make their own autonomous decisions for their reproductive care. Our communities are also subject to the tactics of individuals who target specific populations to promote their own values and agenda. In the instance of Project Prevention (previously know as 'Children Requiring a Caring Kommunity') this organization targets women substance users for tubal ligations in exchange for monetary incentives. They vilify women substance users through local and national media campaigns that compare them to puppies 'breeding addicted babies like litters'. Our critical concern is the offering of short term monetary incentives that do not promote the long term wellness of women's livelihood and safety.

The blaming and shaming tactics of population based mythologies not only pathologize women's bodies, but also target people with disabilities, I/b/g/t/i/q people, people of color and immigrant and refugee communities for coercive practices such as forced sterilization, unethical and involuntary testing of contraceptives and/or medical technologies because these communities are seen as expendable.

Through the *What You Need to Know About Your Birth Control Campaign*, CWPE has been working with communities of color, youth, and sex workers, incarcerated women, immigrants and refugees, women with disabilities and the l/b/g/t/i/q community to get out the word about the rampant and disproportionate use of coercive practices used to control our communities based on these population based mythologies.

The What You Need to Know about Your Birth Control Campaign was conceived by the **CWPE National Dangerous Contraceptives Task Force**; and is led in collaboration with Etobssie Wako (MPH Graduate Student), Cara Saleska (Community Reveille Productions) and Cara Page (Deeper Waters Designs).

The Campaign's Mission is to promote health, and justice in our communities.

**OurVision** is a world that embraces our human rights to have safe and voluntary sex, safe birth control, abortion and motherhood as we define it. Through storytelling, documentary arts, popular education, and community based research we seek to build holistic responses to intervene against state and communal systems that perpetuate these practices. To learn more about our use of stories as a tool of research, liberation and organizing please contact us at: powerofstories@cwpe.org

### The Campaign Goals:

- · Capture and tell our experiences of coercive contraceptive practices
- Understand the effects of contraceptives on our bodies and lives
- Build leadership and knowledge
- Promote systemic change

### Learn more at www.cwpe.org

## **Pregnancy Testing Resources**

Atlanta Women's Medical Center(404) 257-0057 / Toll-Free: 1-800-877-6332
Columbus Women's Health Organization(706)323-8363 / Toll-Free: I-800-532-5383
Dunwoody Women's Medical Group (770) 454-8080 / Toll-Free: 1-800-586-9790
Feminist Women's Health Center/Clinic (404) 728-7900 / Toll-Free: 1-800-877-6013
Greenville Women's Clinic
Lanier Family Planning(770) 889-0133

Planned	Parenthood	of	Georgia,	Inc.
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For your nearest Planned Parenthood, dial toll-free: I-800-230-PLAN	
Atlanta	(404) 688-9300
Augusta	(706) 724-5557
Planned Parenthood Reproductive Health Services, Inc.	
Cobb	
Gwinnett	
Lilburn	(770) 381-2664
Marietta	
Savannah	
Savannah Medical Clinic	e: 1-800-247-4424
Summit Medical Associates (404) 607-0042 / Toll-Fre	e: 1-800-537-2985
Volunteer Women's Medical Clinic	(865) 522-5173

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## **Prenatal Care**

The following programs are offered by the state of Georgia to pregnant women that meet the eligibility requirements and are seeking prenatal care. For more information on them, contact your county health department.

For the contact information of your county health department, call: Atlanta metro: (404) 657-2700 or Statewide (Toll free): (866) 351-0001

**Babies Born Healthy**—Babies Born Healthy pays for prenatal care, hospital delivery, limited newborn care for eligible women, and case management services in their health districts. Services are provided through partnerships with local providers, such as physicians, nurses, nurse midwives, nurse practitioners, nutritionists, social workers, and health educators.

*Eligibility:* Women who are pregnant, not eligible for Medicaid, or uninsured or underinsured, and whose family income is at or below 250% of federal poverty income guidelines.

**Perinatal Case Management (PCM)**—Nurses and social workers provide pregnant women and their families with individual assessments and follow-up throughout their pregnancies, linking them with prenatal care, Children 1st, and other medical and social services. The State Office provides training sessions to prospective perinatal case managers, yearly site visits, and technical assistance. Eligibility: All Medicaid recipients who are pregnant.

**Pregnancy Related Services (PRS)**—A Medicaid program focused on reducing infant illness and death rate and improving the quality of life for new mothers and their infants. The program provides in-home health assessments and teaching for women who have recently delivered a baby. A physical assessment is done on both the mother and baby followed by education on breastfeeding, SIDS reduction, infant feeding, well-child routine care, and family planning.

**Regional Perinatal Centers**—The program provides funding to six designated regional tertiary hospitals to provide high-risk perinatal services including, transportation, prenatal care, delivery, post-partum care, and newborn care. In addition, the program facilitates a regional perinatal planning process bringing together in each region representatives from hospitals, district public health, and community organizations. The planning collaborative is working to develop a seamless community-based perinatal system for all pregnant women and newborns. Services are provided statewide through the six designated tertiary care hospitals located in Atlanta, Macon, Augusta, Columbus, Albany, and Savannah.

*Eligibility:* All women and infants who are high risk are accepted for services at the six regional tertiary hospitals without regard to income. Women and infants who meet program medical criteria (high-risk) and whose incomes are below 250% of the Federal Poverty Level are eligible for funding.

**Resource Mothers**—The Resource Mothers Program connects experienced mothers with pregnant and parenting teenagers who need guidance and support. Resource Mothers volunteers and staff provide information on pregnancy, early prenatal care, parenting skills, child care, and health issues. The program also links teen mothers and their infants to community and public health resources such as Children 1st, Babies Can't Wait, Children's Medical Services, Adolescent Health and Youth Development, STD services, and Family Planning. The Resource Mothers Program is located in 17 counties in Georgia (Fulton, DeKalb, Clayton, Irwin, Richmond, Jefferson, Warren, Hancock, Lincoln, Columbia, Jenkins, Screven, Burke, McDuffie, Taliaferro, and Glascock).

*Eligibility:* This program is designed for pregnant and parenting adolescents and young adults.

**Right from the Start Medicaid (RSM)**—The RSM program expands Medicaid coverage for pregnant women and children under the age of 19 with income levels at or above the federal poverty line. Eligibility is dependent on applicant, family size, family income, pregnancy status, and the federal poverty level. The application process is fast and easy. There is no assets test. Working families may be eligible even if both parents live in the home or if other insurance coverage is in place.

### If you are applying for a child:

Call I-800-809-7276 for the contact information of the RSM team in your county. This team will help you to fill out an application either over the phone or at your county health department. **f you are pregnant** go to your county health department. A pregnancy test will be performed, confirming your pregnancy, and you will be granted Presumptive Medicaid, which is effective immediately and provides limited, temporary coverage. Make sure that you list a current phone number on your application. If RSM has any questions, the sooner they can reach you the sooner they can process your application.

**renatal nutrition** - healthy eating in pregnancy, and enough of it, is very important for your baby to grow and develop. You should consume 200 to 300 more calories than you did before you became pregnant. Although, nausea and vomiting during the first few months of pregnancy can make this difficult, try to eat a well balanced diet and take prenatal vitamins. Here are some recommendations to keep you and your baby healthy.

### Goals for Healthy Eating During Pregnancy

- Eat a variety of foods to get all the nutrients you need. Recommended daily servings: 6-11 servings of breads and grains, 2-4 servings of fruit, 4 or more servings of vegetables, 4 servings of dairy products, 3 servings of protein sources (meat, poultry, fish, eggs or nuts). Use fats and sweets sparingly.
- Choose foods high in starch and fiber such as whole-grain breads, cereals, pasta, rice, fruits and vegetables.
- Make sure you are getting enough vitamins and minerals in your daily diet. You should take a prenatal vitamin supplement to make sure you are consistently getting enough vitamins and minerals every day. Your doctor can recommend an over-the-counter brand or prescribe a prenatal vitamin for you.
- Eat and drink at least 4 servings of dairy products and calcium-rich foods a day to help ensure that you are getting 1200 mg of calcium in your daily diet.
- Eat at least three servings of iron-rich foods per day to ensure you are getting 30 mg. of iron in your daily diet.
- Choose at least one good source of Vitamin C every day, which include the following: Oranges, grapefruits, strawberries, honeydew, broccoli, cauliflower, brussels sprouts, green peppers, tomatoes and mustard greens.
- Choose at least one good source of folic acid every day, which include the following: Dark green leafy vegetables, veal and legumes (lima beans, black beans, black-eyed peas and chickpeas). Every pregnant woman needs .4 mg of folic acid per day to help prevent neural tube defects such as spinal bifida.
- Choose at least one source of Vitamin A every other day. Sources of Vitamin A include carrots, pumpkins, sweet potatoes, spinach, water squash, turnip greens, beet greens, apricots and cantaloupe.

### Are There Foods I Should Avoid?

- Avoid alcohol during pregnancy. Alcohol has been linked to premature delivery and low birth weight babies.
- Limit caffeine to no more than 300 mg. per day (two 5-ounce cups of coffee, three 5ounce cups of tea or two 12-ounce glasses of caffeinated soda). Remember, chocolate contains caffeine -- the amount of caffeine in a chocolate bar is equal to 1/4 cup of coffee.
- The use of saccharin is strongly discouraged during pregnancy because it can cross the placenta and may remain in fetal tissues. But, the use of non-nutritive or artificial sweeteners approved by the FDA is acceptable during pregnancy. These FDA-

approved sweeteners include aspartame and acesulfame-K. Talk with your health care provider about how much non-nutritive sweetener is acceptable during pregnancy.

- Decrease the total amount of fat you eat to 30% or less of your total daily calories. For a person eating 2000 calories a day, this would be 65 grams of fat or less per day.
- Limit cholesterol intake to 300 milligrams (mg) or less per day.

## **Abortion Information**

### What is Abortion? What kinds of abortion procedures are available?

Abortion is the intentional ending of a pregnancy by taking a medication or by undergoing a surgical procedure.

- **Surgical Abortion:** a variety of surgical procedures that must be performed by a physician. Most abortion providers offer a variety of pain relief methods fom local anesthesia to sedation and general anesthesia. Your provider will be able to provide you with the most comprehensive and accurate information about what procedure is best for you.
- **Medical Abortion:** a non-surgical method used to induce abortion up to 49 days into a pregnancy (7 weeks). A medication is given, either orally or by an injection, that induces an abortion. Follow-up visits are extremely important with medical abortion to ensure that the abortion has been completed. Mifepristone or RU486, the "abortion pill" is one type of medical abortion available.

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### **Georgia Abortion Laws: Know Your Rights!**

**bortion is legal:** This is a right that is being challenged in many states. woman can legally obtain an abortion throughout the first two trimesters of her pregnancy—about 24 weeks. After this point it is only permitted to save the life or preserve the health of the woman.

**fyou are under the age of 18:** An unemancipated minor under 18 may not obtain an abortion until at least 24 hours after actual notice has been given in person or by telephone to one parent. If written notice is sent by regular mail, the 24-hour period begins to run 48 hours after the mailing unless proof of earlier delivery is established. Parental notice is not required if the minor provides a signed statement from the parent stating that the parent has been notified that an abortion is to be performed on the minor. The 24-hour period is not required if, after receiving notice, the parent indicates that he or she has been previously informed that the minor was seeking an abortion or that he or she does not wish to consult with the minor. In addition, the minor may obtain an abortion without parental notice by securing a court order, called a judicial bypass, stating that she is mature and well informed enough to make her own decision or that parental notice is not in her best interest. For more information on how a minor can obtain a judicial bypass, call (404) 688-9305, ext. 334. In addition, Planned Parenthood provides assistance in connecting women with volunteer lawyers in order for them to receive a Judicial Bypass.

### etting help early is best for your health and your future. Find people who will support you: your parents, partner, family or other trusted adult. Planned Parenthood can help you get in touch with a counselor who can help you make your decision privately and without judging you.

ry talking with a parent/guardian. This is not an easy conversation. Your parent may not even know that you are having sex. There may be angry words or arguments but once the shock (surprise) is over, most parents/guardians are ready to listen. You may have a family member (sister, aunt) or another adult who can help you talk with your parent or guardian. If you want help with how to discuss your pregnancy with your parent or guardian, there are counselors available to help you. You can call the FIRST Line at 404-659-4357 (1-800-264-7154) for more information.

**nvolve a parent or guardian.** Most parents/guardians will be ready to help and willing to support you and Planned Parenthood encourages you to involve them. Parents will want to be a part of this event and may give you the emotional and financial support you need at this time. If you simply cannot talk to your parent or guardian about your pregnancy, seek help from other relatives, family friends or a counselor.

hat are my options? You may talk to your parent or guardian, a family friend or a counselor at a clinic. The counselor can discuss your pregnancy choices: continuation of pregnancy, adoption, or abortion. If you choose to have an abortion and you are under 18, you must

obey the requirements of the Georgia Parental Notification Law. The law does not affect young women 17 and under who are emancipated, that is women who have ever been married or are self-supporting and living away from a parent or guardians' home. You will need to show some proof to the abortion provider of the above. If you have a medical emergency that calls for an immediate abortion, your doctor can decide to go ahead without notifying your parent/guardian. Such emergencies are unlikely to happen. You will be asked to sign a form stating that you consent (give permission) to the abortion and are not being pressured into it. You are free at any time to decide not to have an abortion.



**That do I do for notification?** Your parent/guardian may come with you to the clinic and state that she/he is aware that you have decided to terminate your pregnancy. She/he must show identification at the clinic such as a driver's license. Contact the clinic that you plan to have your more a formation of the policies.

abortion at for more information on their policies.

### OR

You may go to a doctor or clinic and have them call your parent/guardian. A 24 hour waiting period is required after the call is made unless your parent or guardian says no wait is necessary.

### OR

You may have the doctor or clinic send a letter to your parent/guardian. A 48-hour waiting period is required for the letter to be received. An additional 24-hour waiting period is also required unless your parent/guardian calls to say that no wait is necessary. hat if my parent/guardian says "NO"? Your parent or guardian may not agree with your decision to have an abortion but the law requires that they must be notified (informed) and not that they give consent (permission). If you cannot or do not want to notify your parent or guardian, you can go to a juvenile court and ask a judge to give you permission to get an abortion without telling a parent. This is called a Judicial Bypass.

ow do I get a Judicial Bypass of the parental notification requirement? A clinic or doctor must give you a letter that says you are pregnant. The form to request a Judicial Bypass and help in filling it out is available from the Clerk of the Court's office at the Juvenile Court of any county. Forms may also be available in clinics, doctors offices and counseling agencies. Talk to a lawyer. A lawyer can be chosen by the court at no cost to you, or you can call the **First Line** at 404-659-4357 to get help and to obtain free legal services. Your lawyer will help you through the court process. Take the form to the Juvenile Court, or you can have an adult take the form for you. There is no cost to file the form. A date, time, and place for the hearing will be set when your form is filed. It must occur within 3 working days. In some courts, the hearing may be held on the same day. Your parent/guardian will not be notified of the hearing. Your privacy should be protected in the Juvenile Court process. Go to the hearing. If the judge agrees that you are mature enough to decide to have an abortion, in consultation with your doctor, or that notifying your parent/guardian would not be in your best interest, the judge will grant you a Judicial Bypass without notifying your parent or guardian. The judge must provide a written decision within 24 hours. You must take the judge's written order to the abortion provider.

### IMPORTANT

### o not delay getting information and help if you are pregnant.

A parent or counselor can help you with your decision. Do not put your health or safety in danger by attempting to perform an abortion on yourself or by going to someone who is not a doctor.

### For more information, contact Planned Parenthood at (404) 688-9305, ext. 334

### FOR ALL AGES:

**Privacy and Confidentiality:** Your medical records are private and confidential. These laws may not apply to insurance records, so while your insurance company should not share your personal medical information with your employer, your privacy is not guaranteed by law. Find out how your insurance reports to your employer, and what type of information about you is provided, call the customer service office of your insurance plan.

**If you have Medicaid:** Medicaid in Georgia does not cover abortions. However, some abortion providers do offer discounts to women who have Medicaid.

**bortion Safety and Follow-up Care:** Abortion is one of the safest medical procedures available. Each year, more than one million American women have an abortion. Less than 1 percent of all abortion patients experience a major complication associated with the procedure. The risk of the procedure, however, increases if the abortion is performed later in a pregnancy. It is important for

you to:

- Inform abortion provider of any past or present health problems you may have.
- Tell your provider of any current medications or street drugs that you use as well as allergies to medications or pain relief methods.
- Follow all post-operative instructions and return for a follow-up examination.
- Ask questions if you are unsure of anything about the procedure.

As with all surgical or medical procedures, it is important to recognize and quickly react to signs of potential complications. Your abortion provider will inform you of what to expect and what would be unusual after an abortion procedure. Patients of medical abortion (RU486) will experience, and should expect to have, different physical responses than patients of surgical abortion.

## **Abortion Providers:**

- · Abortion services 6-20 weeks · Up to 20 weeks done in one day
- · Genetic Anomalies Specialist · Se Habla Easpanol

<u>Other services include</u>: Gynecological services, Emergency Contraception, STD screening, HIV and pre-marital screening, Birth control and emergency contraception, Women eligible for the *Well Women Clinic* receive complete physicals and instruction on their contraceptive method of choice, proper diet and nutritional information, and yearly cholesterol screening.

Atlanta Women's Health Clinic, Atlanta......(770) 457-5675 · Abortion services up to 13 weeks · Surgical and non-surgical abortions.

<u>Other services include:</u> Gynecological services, Birth control, Counseling, Medicaid and student discounts available.

### Atlanta Women's Medical Center......(404) 257-0057 / Toll-Free: I-800-877-6332

 $\cdot$  Abortion services through 24 weeks  $\cdot$  Surgical and non-surgical abortions

· Se Habla Easpanol · Free follow-up abortion care

<u>Other services include</u>: Routine gynecological care: pelvic examinations, PAP tests, breast examinations; STD testing; Birth control; Pregnancy testing; Counseling services: birth control and pregnancy options counseling; Laboratory services: RH factor, hemoglobin; Ultrasounds: to determine gestation of pregnancy; Emergency Contraception; Medicaid and student discounts; Most insurance/HMO's Accepted.

**Columbus Women's Health Organization**.....(706) 323-8363 • Abortion services from 6-16 weeks • Surgical and non-surgical abortions. <u>Other services include:</u> Low-cost gynecological care, complete annual GYN exam, post-op abortion follow-up with PAP, infection check, sonogram, pregnancy test, blood pregnancy test referrals, repeat PAP, Depo-Provera, birth control, emergency contraceptives.

### Dunwoody Women's Medical Group......(770) 454-8080 / Toll-Free: I-800-586-9790

· Abortion services from 4-14 weeks · Se Habla Easpanol

·V.I.P. Service Available · Surgical and non-surgical abortions (RU46)

<u>Other services include:</u> Gynecological services, STD testing, birth control and emergency contraception, free pregnancy testing, counseling, Medicaid and student discounts available, most insurance accepted.

Feminist Women's Health Center.....(404) 728-7900 / Toll-Free: I-800-877-6013

- $\cdot$  Abortion services 4-24 weeks  $\cdot$  Surgical and non-surgical abortions.
- $\cdot$  Supportive fetal anomalies program for pregnancy termination
- · Sensitive care abortion services for physical violence and trauma survivors
- · Bilingual staff in 8 languages: Spanish, French, Russian, Hindi, Arabic, Urdu, Punjabi and Malay, and translators can be arranged for other languages

<u>Other services include:</u> Gynecological Services; STD testing and treatment, HIV/AIDS testing and counseling (anonymous); Birth control options; Emergency contraception; Pregnancy testing, prenatal referrals; Counseling and client education; Donor insemination services and support groups; Gynecological exams- Survivor Sensitive Program; Infertility referrals; Laboratory and sonogram services; Lesbian health care; Menopause health care; Safer sex supplies; Self-help education; Transition series support groups or Supportive book studies; Adoption referrals; Breast health, self-exams and clinical exams.

<u>Other services include:</u> Gynecological services, Free urine pregnancy testing, Ultrasound dating of pregnancy, Emergency Contraception, Surgical and medical abortions

Lanier Family Planning	(770) 889-0133
	()
·Abortion services 6-14 weeks · Se Habla Easpanol	

<u>Other services include:</u> Gynecological services, Birth control and emergency contraception, reduced-price pregnancy tests, student and Medicaid discounts available.

Northside Women's Clinic.....(770) 455-4210 / Toll-Free: 1-800-282-8041 · Abortion services 6-14 weeks · Surgical abortions · Guaranteed 2 hour stay

<u>Other services include:</u> Confidentially use insurance to pay costs, free protected parking, IV Sedation or General Anesthesia, General surgery, Breast surgery, Minor plastic surgery.

Old National Gynecology......(770) 991-7552 · Abortion services 51/2-14 weeks · Non-surgical abortions.

<u>Other services include:</u> Gynecological services, Emergency contraception, Post-abortion counseling

### Planned Parenthood Reproductive Health Services, Augusta.......(770) 724-5557 · Surgical abortion to 16 weeks · Medical Abortion · Follow up and family planning services available

<u>Other services include:</u> Gynecological services, birth control, reduced-price pregnancy tests, counseling, emergency contraception.

Summit Medical Associates.......(404) 607-0042 / Toll-Free: 1-800-537-2985 · Abortion services 8-15 weeks · Surgical and non-surgical abortions.

<u>Other services include:</u> Comprehensive routine gynecological care, including pelvic and breast examinations, physical examinations, Pap smears, and diagnosis and treatment of surgical infections; STD testing, HIV counseling and testing; Birth control options and counseling; Pregnancy testing, including early detection test. Results are given the same day; Options counseling, including referral for adoption services and prenatal care; DNA testing; Ultrasound, for pregnancy sizing; Medicaid and military discounts available; Emergency Contraception; Bilingual Services: Spanish and Russian.

<u>Other services include:</u> Gynecological services, STD testing, Birth control, Free pregnancy testing, Counseling, Referrals for adoption and prenatal care.

### For more information go to www.gynpages.org

### **BEAWARE**

### Anti-Choice Crisis Pregnancy Centers: Beware of Fake Clinics!

ver the past two decades, the anti-choice movement has set up thousands of fake abortion clinics across the country referring to them as "crisis pregnancy centers". These fake clinics are often listed in the Yellow Pages under headings such as Abortion Alternatives, Birth Control Information, Pregnancy Help, or Crisis Pregnancy Centers. They try to lure women into their facilities under the guise of providing abortions and counseling. Once inside, women are given a store-bought pregnancy test or a sonogram, and are often bombarded with anti-choice propaganda, including unrealistic horror stories about abortion, medically inaccurate videos and intrusive, hostile questions. There are usually NO trained health care professionals on the premises, and these fake clinics do not provide health care services for women.

**ow do l know that a clinic is fake?** They tell you over the phone that they will only give you information if you come into their office. It is your right to ask questions and they should provide you with any basic information you need over the phone • They advertise free pregnancy tests and counseling, but do not say what other health care services they provide (including the availability of

abortion services on the premises) • These fake clinics do not provide medically accurate information or health services for women.

If you are seeking counseling to decide whether or not to continue your pregnancy, you have a right to compassionate, professional, and honest advice about all the options that are available to you. The resources in this book list many.

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## Adoption Information and Services

If you have an unwanted pregnancy, adoption is another choice. An adoption is a permanent legal transfer of parental rights over your child to another person or family.

### hat if I'm considering putting my child up for adoption?



- These are the questions you should consider... Do you want to go through an adoption agency or a private attorney?
- How much control do you want in choosing an adoptive family for your

child?

- How much contact do you want with the adoptive family of your child before and after the birth?
- Will your prenatal and hospital medical costs be covered by the adoptive family?
- Georgia state law requires that your consent to an adoption be given before a notary. You have 10 days to withdraw your consent. It is not legal for someone to pay you to give up your child.

### Adoption Providers in Georgia

For more listings in your locality, look in the phone book under "Adoption Services"

AAA Partners in Adoption, Inc.

Atlanta	(770) 844-2050
Middle Georgia	
Rome	
Savannah	
Adopt an Angel International	

## International Adoptions

Adoption Planning	.(770) 437-1907
Adoption Services	.(229) 859-2654
All God's Children, Inc	.(706) 316-2421
Bethany Christian Service	I-800-455-7372
Catholic Social Services Adoption Program	.(404) 885-7275
En Español	(404) 978-2777
Childkind Foundation, Inc	(404) 248-1980
Cradle of Love	(770) 955-8550
Families First	.(404) 853-2800
Family Counseling Center, CSRA, Inc	(706) 722-6512

Home studies only, this is for adoptive parents.	
Forsyth County Child Advocacy Center, Inc	. (678) 208-1908
Genesis "A New Life"	(404) 522-6056
Georgia Agape, Inc	. (770) 452-9995
Private adoption, Christian.	
Georgia Baptist Children's Homes	(770) 463-3800
Georgia Youth Advocate Program	(706) 774-6404
The Giving Tree, Inc	(404) 633-3383
Hope for Children, Inc(770) 391-1511 / Toll-Free:	1-800-522-2913
Christian adoption service, domestic and international.	
Illien Adoptions International, Inc	(404) 815-1599
Focused on international adoptions.	
Independent Adoption Center of Georgia, Inc	. (404) 321-6900
Latter Day Saints Social Services	. (770) 939-2121
Lookout Mountain Community Services	(706) 638-5580
Lutheran Ministries Adoption Services	. (404) 591-7068
Lynn McNeese Swank, Attorney	. (770) 477-5318
Mercy's Chosen Children, Inc	. (423) 595-4408
The Methodist Home	.(478) 751-2800
New Beginnings Adoption, Edgewood Baptist Church	(706) 571-3346
Toll-Free / Women in crisis	. I -800-482-0844
One World Adoption Services	1-866-714-6612
Open Door Adoption Agency(229) 228-6339 / Toll-Free:	
Raintree Village, Inc	(229) 559-5944
Southern abused and neglected children.	
Roots	. (770) 907-7770
Focused on the needs of African American children.	
World Partners Adoptions, Inc(770) 962-7860 / Toll-Free:	I-800-350-7338

## **REPRODUCTIVE HEALTH | Community**

Lesbian / Bisexual / Queer Women's Health <sup>2</sup>	
Resources for those Living with HIV/AIDS & their Loved Ones	35
Cancer Survivors	37
Homelessness	40
Mental Health Services   Couseling, Wellness, Therapy	40
Substance Abuse	42
Mentor Programs	43
Teen Resources	
Resources for Refugee and Immigrant Women   General	45
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# Lesbian | Bisexual | Queer Women's Health

Biologically, lesbian / bisexual / queer (LBQ) women are no different from other women, so their health issues are women's health issues. Preliminary research has suggested that there are few health conditions

for which LBQ women appear to be at higher risk than their heterosexual counterparts, however, empirical data on LBQ women remains largely hidden within the past and current literature on general women's health.

he number one health risk factor for LBQ women is limited access

to health care. Due to lack of provider knowledge and competency, misconceptions, homophobia and pervasive heterosexism, there are various structural barriers that prohibit and deter LBQ women from regularly accessing and utilizing the mainstream healthcare system. For example, gaining access to higher-paying, upper-level jobs is often challenging for LBQ women, especially if they don't fit the image of what an organization's "ideal woman" should be. Financial barriers are exacerbated by many health insurance policies that still do not include same-sex partner benefits. Further, studies of provider attitudes and knowledge about LBQ women's needs and health issues have consistently shown that many health care providers still harbor negative attitudes towards LBQ women, and are still very uncomfortable, ill-equipped, and incompetent with caring for this subpopulation of women.

**ther risk factors.** According to emerging (albeit limited) research, LBQ may be at higher risk for certain cancers and other general and mental health conditions due to a cluster of risk factors, including the following:

- Lower tendency to use oral contraceptives, which may elevate risk of ovarian and uterine cancer
- Being older at first childbirth
- Elevated smoking and alcohol consumption rates
- Higher levels of emotional distress related to perpetuated stigma
- Threats and actual verbal, emotional and physical violence due to anti-gay sentiments

<sup>2</sup> We are currently working on building our transgender section for the guide and will look for more opportunities to partner with the transgendered communities to make the information relevant.

### **RESPECT & HONOR DIVERSITY**

**BQ** women are **NOT** a homogeneous group. LBQ women can be found across all strata of age, race, ethnicity, national origin, gender, disability status, socioeconomic status, class, veteran status, etc. Most existent research on LBQ women have employed mostly White, middle-class samples, and most studies of poor or racial/ethnic minority women assume that no LBQ women exist within these populations. As such, there is a huge paucity of research on the health concerns of LBQ women who have other minority or disadvantaged identities. It is vital to remember and recognize the great diversity of lived experiences among LBQ women, and the immense range of sexualities among all women.

### LBQ Women - Friendly Healthcare and Health Education Resources

Atlanta Lesbian Health Initiative	(404) 688-2524
Feminist Women's Health Center(404) 728-7900 / Toll-I	Free 1-800-877-6013
GALANO, Gay and Lesbian Alcoholics Anonymous	(404) 881-9188
Narcotics Anonymous—Lambda/Midtown, gay and lesbian support	(404) 708-3219
SisterLove, Inc	(404) 753-7733
Youth Pride	(404) 378-6620

## **HIV/AIDS Resources**

### General Assistance, Counseling, and Referrals

- Free HIV Orasure testing every Tuesday and Thursday 9am-4:30pm.
- Individual counseling concerning HIV/STD for young people 13-25 years, group level education for youth by request.

Atlanta Interfaith AIDS Network–Common Ground	.(404) 874-8686
BEBASHI	.(215) 769-3561
Blacks Educating Blacks About Sexual Health Issues.	· /

CDC National STD/AIDS Hotline	I-800-CDC-INFO		
Open 24 hours a day, 7 days a week. Central City AIDS Network, Inc(478) 75 The Rainbow Center, Macon. HIV prevention counseling, te	sting and referral. Supportive		
services for people living with HIV/AIDS including sup assistance for rent, utilities, medications, etc. needed for			
Feminist Women's Health Center(404) 72 First Call for Help			
Telephone referrals to helping agencies through Unite	d Way.		
Georgia AIDS/STD Information Line			
HIV/AIDS resource data base:			
Atlanta			
Statewide			
The Health Information Line	I-800-473-HELP		
Anonymous listening, physical/emotional health referral ser	vice, short term crisis counseling.		
Helpline Georgia	I-800-338-6745		
24-hour confidential crisis intervention, information, referral: also provides alcohol, drug abuse,			
and gambling counseling.			
Latino Commission on AIDS			
NAESM			
The National AIDS Education and Services for Minorities, I	Inc. educates communities of color		
(primarily African Americans) on the facts about HIV/AIDS (education and prevention) and to			
make health care and social services available to people of color with early or advanced stages			
of HIV/AIDS regardless of their sexual orientation.			
Our Common Welfare, Inc	(404) 284-9878		
Project Open Hand/Atlanta	(404) 419-3311		
Positive Impact			
SisterLove, Inc			
With a focus on women of color			
Suicide Hotline	(404) 730-1600		
Emergency Mental Health (24 hour).			
TEENS TAP			
Teens Teaching AIDS Prevention, teen peer educator hotline	e, open weekdays, 4:00pm — 8:00pm.		

### Treatment and Medical Care Assistance

in cathlene and incated Gale Assistance		
AIDS Clinical Trials Information Service	I-800-TRIALS-A	
Information on current clinical trials; where and how to enroll.		
AIDS Research Consortium of Atlanta	(404) 872-CURE	
Georgia Division of Public Health, STD/HIV	(404) 657-3100	
<ul> <li>Drug Reimbursement: Assists low-income individuals with HIV medications.</li> </ul>	in obtaining some HIV-related	
<ul> <li>Insurance Assistance Program: Assistance in paying insurance HIV meeting certain criteria</li> </ul>	premiums for individuals with	
HIV/AIDS Treatment Information Service (ATIS)	I-800-HIV-0440	
Ponce de Leon Center/Infectious Disease Program	(404) 616-2440	
New Patient Information	(404) 616-9759	
Project Inform HIV Treatment Hotline	I-800-822-7422	

Project WISEI	-800-822-7422
Women's Information Service and Exchange, women's AIDS treatment info	ormation.
St. Joseph's Mercy Care Services	(404) 880-3711

## Housing Assistance

The Edgewood	(404) 524-4408
46-unit single room occupancy housing for indigent persons with an A	
Home But Not Alone	(770) 396-3250
Safe Haven, Inc. Thomasville	(229) 225-3997
SisterLove, Inc	(404) 753-7733
With a focus on people of color	

# For Cancer Survivors

Sisters Network, Inc.

Sisters Network seeks to increase local and national attention to the impact that breast cancer has in the African-American community. All chapters are run by cancer survivors and receive volunteer assistance.

National	7 3-78 -0255
State-Provided Programs	
Cancer State Aid (CSA)	
For the contact information of your county health department	
Atlanta metro	
Statewide Toll-free	
The Cancer State Aid Treatment Program was established provi	ide cancer treatment
to uninsured and under-insured low-income cancer patients. Th	is treatment program
is available to eligible Georgians who would benefit most from	treatment.The cost
of treatment is paid for by the state. Physicians donate their	services. New patients
are prioritized and accepted based on cancer site, stage and	expected treatment

effectiveness. Applications are accepted based on the availability of state funds.

Services:

- Inpatient and outpatient cancer treatment at participating hospitals
- Outpatient chemotherapy and radiation therapy at approved freestanding chemotherapy and radiation centers
- Outpatient chemotherapy and other cancer related drugs provided by private pharmacies (prior approval is required from the Cancer State Aid Program)
- Outpatient cancer related services provided by home health agencies (prior approval is required from the Cancer State Aid Program)

# <u>Eligibility:</u>

- Must have cancer that will benefit from treatment
- Must have an income at or below 200% of the federal poverty level (about \$19,000 for an individual and \$38,000 for a family of four)
- Must have either no or limited health insurance coverage. (will cover Medicare participants; will not cover patients with full coverage Medicaid)
- Must be a Georgia resident who is a U.S. citizen or qualified alien.

**ow do l access services?** Applicants may apply through their county health department, the social services department of one of the participating hospitals, or their county Department of Family and Children's Services (DFACS) office. Applications and information regarding the program can

also be obtained from the Georgia Department of Human Resources, Cancer Control Section at 404-657-6611. Local health department, DFACS, or hospital staff will complete the financial intake portion of the application; a physician must complete the medical information portion. The completed application should be submitted to the Cancer State Aid Program. For further information, call the CSA at 404-463-5111.

# Women's Health Medicaid Program (WHMP)

For the contact information of your county health department:

Services:

- Full coverage Medicaid that includes the full range of services not only cancer treatment
- Services continue until all cancer treatment has been provided

## <u>Eligibility:</u>

- Must be diagnosed with breast or cervical cancer or cervical pre-cancer (CIN II or III)
- Must be under 65 years of age
- Must have no health insurance coverage and not otherwise eligible for Medicare or Medicaid
- Must be a Georgia resident who is a U.S. citizen or qualified alien
- Must be financially eligible for the Georgia Breast and Cervical Cancer Program

# How to access services:

Any uninsured or under-insured, low-income woman who has been diagnosed with breast or cervical cancer should go to the Public Health Department in their county of residence.

# Information regarding the program can also be obtained from the Georgia Cancer Control Section by email cancercontrol@dhr.state.ga.us or bytelephone 404-657-6611.

Susan G. Komen Breast Cancer Foundation......800-IM AWARE The Komen Foundation's mission is to eradicate breast cancer as a life threatening disease through research, education, screening and treatment. Their web site provides information on research, upcoming events, where to get additional information about breast cancer and how to access community support for patients and families. A tollfree breast cancer helpline is answered by trained volunteers whose lives have been personally touched by breast cancer. Breast health and breast cancer materials, including pamphlets, brochures, booklets, posters, videos, CD-ROMs, fact sheets, and community outreach materials are available. Spanish language help available.

# Y-ME National Breast Cancer Organization, Inc.

The Y-ME National Breast Cancer Organization provides information and support to anyone who has been touched by breast cancer. Y-ME serves women with breast cancer and their families through their 24 hour national hotline (the only hotline in the United States staffed by trained peer counselors who are breast cancer survivors), opendoor groups, early detection workshops and support programs. Spanish language help available.

English	
Spanish	

# Homelessness

Atlanta Task Force for the Homeless	.404-230-5000
24-hour emergency placement facility for homeless persons in the metro Atlanta	area.
Atlanta Union Mission	
Homeless shelter — food, clothing.	
Athens Nurses Clinic for the Homeless	.706 613-6976
Provides primary health care for the homeless.	
The Bridge	404-792-0070
Residential rehabilitation program providing safe passage for teenagers in crisis.	
The Edgewood404-524	-4408 46-unit
single room occupancy housing for indigent persons with an AIDS diagnosi	
Living Room	
Assists individuals and families affected by AIDS/HIV to find and maintain afford	dable housing
Northeast Georgia Homeless Coalition	
Operates a 24 hour homeless assistance hotline.	
Second Chance Homes	404-475-6050
Designed to provide teen mothers with supervision and nurturing support to sta	y in school,
become self-sufficient, and avoid repeat teen pregnancies. Locations throughout	the state
St. Mark United Methodist Church	
Contact Phillip Thomason, transitional housing for homeless women and children	n on yearly
basis.	
Task Force for the Homeless	800-448-0636
Statewide referrals to homeless shelters.	
Union Mission, Inc	.912-236-7423
A series of emergency shelters, transitional housing programs, and supportive se	rvices for
homeless people in Savannah.	
The Women's Crisis Center of the Masters Inn, Inc.	
Hotline/Crisis	.404-969-6423
Office	.404-969-6421
Women's Resource Center to End Domestic Violence, Decatur	404-688-9436
Emergency shelter for battered women and their children	

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# Mental Health Services

Absolute Wellness, Atlanta	404-264-9011
Group and individual mental health counseling for people infected with or a	iffected by
HIV/AIDS.	-
Atlanta Interfaith AIDS Network, Atlanta	404-874-8686
Weekly mental health support group.	
Care and Counseling Center of Georgia, Decatur	404-636-1457
Pastoral and mental health counseling serving individuals, couples, families of	and groups
regardless of gender, race, creed, sexual orientation and ethnic background.	
Clifton Springs, Mental Health Center, Decatur	
Cobb County Mental Health Service	770-514-2422
Families First, Atlanta	404-853-2800
Kirkwood Mental Health Clinic, Atlanta	404-892-4646
Link Counseling Center, Atlanta	404-256-9797
Cobb	770-541-1114

Lookout Mountain Community Services, Lafayette	
Miracles AIDS Network, Atlanta	678-904-1329 ext 221
National Mental Health Association of Atlanta, Georgia	(404) 527-7175
-	Outside Atlanta (800) 933-9896

North Dekalb Mental Health Center	404-892-4646
Northside Mental Health and Substance Abuse Center, Atlanta	.404-851-8960
Our Common Welfare, Decatur	.404-284-6061
Positive Impact, Inc., Atlanta	.404-589-9040
No-cost mental health services by volunteer mental health professionals for low uninsured individuals affected by and infected with HIV. Referrals also available.	
Raksha	
A Georgia-based nonprofit organization for the South Asian Community.	
Help line	404-842-0725
Winn Way Mental Health Center, Decatur	404-508-7700
Children, adolescents, and adults.	

#### Natural Wellness Practitioners - Sliding Scale or Free

## Nutrition & Holistic Wellness Sustainable Wellness

Sonali Sadequee Nutrition & Holistic Wellness Coach Certified Holistic Health Counselor 678-596-1688 www.sustainable-wellness.com www.rawvolutionwellness.com Discounted services include: Nutrition; Raw foods & whole foods coaching; Healthy cooking classes; Lifestyle coaching; small group yoga; DNA Energetic reprogrammer

#### Acute/Chronic Condition Specialist

# Inner WHealth Ministries

Rev. Dr. Anthony K. Hernandez- MDC, CBP, CDC 3071 Campbellton Rd. SW Ste.#4 Atlanta, Georgia 30311 404-349-5517 innerwhealthministries@yahoo.com Services: Natural Health Professional; Life Extension Expert, Acute/ Chronic Condition Specialist. Creator- Body Tune-Up System.

#### Acupuncture

**Tiger Heart Acupuncture** Chris Haskell Sarah Bell & Mak Keltner Licensed Acupuncturists 772 Edgewood Ave NE Atlanta GA 30307 ph: 404.574.923 I www.tigerheartatlanta.com Acupuncture is a traditional Chinese medicine that brings balance to physical and emotional ailments; including chronic pain, allergies, insomnia, anxiety, and depression.

# Chiropractors

Life University The Outpatient Clinic 1269 Barclay Circle, Marietta, GA 30060 Monday-Friday, from 8:30 a.m. to 8 p.m. (closed 1:30 - 3 p.m.) Saturday from 8 a.m. to 1 p.m. http://www.life.edu/Chiropractic\_and\_Wellness/clinics.asp

To schedule an appointment at the Outpatient Clinic, call the clinic at (770) 792-6100 for more information on how to become a patient.

# Herbalist

Penney Balmes Herbalist 11:11 Teahouse 753 Edgewood Ave NE Atlanta, GA 30307 (404) 521-1911

Offers personalized herbal formulas on a sliding scale basis to those interested in preventative herbal applications and/or general health restorations. By appointment only.

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# Substance Abuse

Al-Anon	.404-687-0466
To find meetings for Family Groups and Teens.	
Al-Anon Latin Sobriety Group (en Español)	770-936-9137
Al-Anon Literature Service	.404-687-0467
Alcoholics Anonymous	.404-525-3178
GALANO, Gay and Lesbian Alcoholics Anonymous	
ANIZ, Inc., Atlanta	.404-521-3725
Individual and group substance abuse counseling.	
Atlanta Harm Reduction Center	.404-526-9222
Information about drug use, STDs and harm reduction.	
Atlanta Union Mission, Atlanta	.404-367-2244
Long-term rehabilitation.	
The Bridge, Atlanta	.404-792-0070
Residential rehabilitation program providing safe passage for teenagers in crisis.	
Clayton Center	770-478-1099
Cocaine Anonymous Hotline	.404-255-7787
DeKalb Addiction Clinic, Decatur	
First Call for Help	.404-614-1000
Telephone referrals to helping agencies.	
Fulton County Ryan White Clinic	.404-730-8275

Substance abuse counseling	
Helpline Georgia	
24-hour confidential crisis intervention, information, referral: also provides alcohol and gambling counseling.	l, drug abuse,
Lookout Mountain Community Services	.706-638-5580
Nar-Anon	
Support network for people who have drug users in their life.	
Narcotics Anonymous	
Lambda/Midtown, gay and lesbian support	404-708-3219
Marietta	770-421-8881
West End	770-860-6766
Help Line, call for meeting schedule	.404-362-8484
National Clearinghouse for Alcohol and Drug Information Information available in English and Spanish.	.800-729-6686
New Start	.404-370-1508
Outpatient therapeutic program and transitional housing	
New Visions Women's Program	404-892-4646
Substance treatment for pregnant women and women with children under five.	
Northside Mental Health and Substance Abuse Center	404-851-8960
Our Common Welfare	
Open to all people with HIV who are chemically addicted	
Salvation Army	.404-688-2884
Rehabilitation center for drug and alcohol users	
Secular Organizations for Sobriety	678-267-6233
Southside Medical Care Substance Abuse Center	
St. Jude's Recovery Center	
Residential, day and evening outpatient services.	·····

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# Mentoring Programs

Big Brothers Big Sisters of Metro Atlanta404-60	1-7000
Boys & Girls Clubs of Metro Atlanta404-52	7-7100
Boys & Girls Clubs of Augusta706-736	6-6498
Boys & Girls Club Family Resource Center, Savannah912-233	3-2939
Boys & Girls Clubs of Central Georgia, Macon478-743	3-4153
Boys & Girls Clubs of Columbus and Phenix City706-596	6-9330
Boys & Girls Club of Valdosta229-242	2-0676
Cool Girls	)-4365
Girls Incorporated of Albany	5-1897
Girls Incorporated of Greater Atlanta678-686	5-1740
Girls Incorporated of Central Savannah River Area, Augusta706-733	3-2512
Girls Incorporated of Columbus and Phenix-Russell706-683	3-0809
Wilkinson County Board of Education, Irwinton478-946	6-5521
For more complete information on mentoring go to:	
http://www.mentors.ca/mentorprograms.html	

# **Teen Resources**

AID Atlanta, Youth Outreach	404-870-7766
AID Gwinnett, Teen Peer Education	770-962-8396
Alateen Groups	404-687-0466
Atlanta Interfaith AIDS Network, Atlanta	
Prevention education and awareness programs	
The Bridge	404-792-0070
Residential rehabilitation program providing safe passage for teenagers in	n crisis.
Centers for Disease Control and Prevention	
National AIDS Hotline Classroom Calls	800-CDC-INFO
Interactive classroom conference calls with a National AIDS Hotline info	rmation
specialist.	
Center for Black Women's Wellness, Inc	404-688-9202
Plain Talk Initiative, adolescent pregnancy prevention and HIV sexuality p	rogram:
Center for Pan-Asian Community Services	770-936-0969
Culturally relevant HIV prevention education for Asian youth.	
Cradle of Love	770-955-8550
Feminist Women's Health Center/Cliff Valley Clinic	404-728-7900
Toll-free	
Grady Health System, Teen Services	404-616-3513
Inner Summit, Inc	404-288-4980
Peer leader training and peer-led interventions.	
National Families in Action	404-248-9676
After-school program for middle school youth.	
Northside Mental Health and Substance Abuse Center	
Project DUNBAR	404-525-0751
After school program and teen center.	
Refugee Family Services/Youth Programs	
Second Chance Homes	
Designed to provide teen mothers with supervision and nurturing suppo	
school, become self-sufficient, and avoid repeat teen pregnancies. Locatio	ons throughout
the state	
Statewide Adolescent Community Involvement & Health Centers	
Wholistic Stress Control Institute, Inc	
World Youth Alliance, Inc	
Offers leadership training and health education to targeted young people	e through
schools and community based organizations.	
Youth Pride	404-378-6620
Peer-based education for gay, lesbian, bisexual and transgendered youth.	
YWCA, Teen Teatro	
Productions by/for teens about HIV/AIDS, STDs, teen pregnancy, and ma	king choices.

# Immigrant & Refugee Family Services | General

Women support services offer health and safety instructions on topics such as nutrition, immunizations, and breast cancer awareness; on-site health screening through the DeKalb Board of Health and DeKalb Medical Foundation (Wellness on Wheels); orientation in urban American living such as public transportation, shopping, banking, sewing and handicraft. Bilingual staff offers extensive assistance accessing services through casework involving interpretation and translation.

**Employment assistance services:** employment services, including job readiness training, job placement, and job follow-up to refugee women, including those who may be victims of domestic violence.

Maternal health initiative: prenatal risk assessments, pregnancy case management and education services.

**Financial literacy:** education classes on basic banking and credit building skills, and follow-up case management.

**Refugee Family Violence Prevention Program (RFVPP):** Addresses issues of domestic violence in refugee communities through community education about domestic violence and services available to domestic violence victims; crisis intervention services for battered refugee women and their children; and securing refugee women's access to existing mainstream services and shelters for battered women in the Metro Atlanta area.

**English for Speakers of Other Languages:** Daily classes with child care provided for refugee mothers; in collaboration with Jewish Family and Career Services.

**Refugee Youth Program:** Academic, emotional, and social support to help refugee children access the positive parts of American culture and maintain a strong relationship with their own cultural heritage. Activities include free after-school programs, one-to-one evening English tutoring, summer day camps, health & safety skills, community service, conflict resolution, sports & recreation, art and environmental education. Volunteers assist in all facets of the Youth Program.

**Youth Special Services Program:** Advocacy and case management for refugee youth involved in at-risk behaviors and/or to prevent academic failure violence, juvenile delinquency, teen pregnancy, substance abuse, and children from dropping out of school; abuse. Provide consultation and cultural education for mainstream providers, servicing refugee youth.

**School Liaison Program:** Advocacy and interpretation for refugee students and parents during parent-teacher conferences and critical school-parent communications. Cultural presentations to schools and other youth serving agencies are offered upon request. A staff of five bilingual school liaisons rotates through 60 area schools and Headstart centers in DeKalb Co. Schools and Decatur City Schools..

**Refugee and Immigrant Parenting Program:** A bilingual Parenting Trainer conducts workshops and individual sessions for parents including: orientation to American schools, laws regarding children, helping children succeed in school, parental stress, positive discipline, and other topics.

# **REPRODUCTIVE HEALTH | Violence**

Violence - Intimate, Community, State	47
Defining the Terms	
Sexual Assault/Rape Crisis Centers & Survivor Support	
Family & Intimate Partner Violence	
Institutional Violence	
Immigrant Rights	58
Women and Families in Prison	
Ş	

## **VIOLENCE: INTIMATE, FAMILY, COMMUNITY & STATE**

Connecting the Dots: Violence Against Women and Reproductive Justice

hrough the lens of reproductive justice we can understand how violence against women within what has been called a "rape culture" becomes one of the main tools used to justify the oppression of the "feminine" or the female body. This can be seen in the objectification of women in media, coercive sterilization and dangerous contraception, rape as a tool of war, the feminization of prisoners of war in Abu Ghraib, female infanticide, marital rape, sexualization of the girlchild, trafficking of women and girls in the labor and sex trade, rape in prison, and the general justification of violence against women in a sexist society.

he impact of this violence cannot be measured since it affects all within a community network, including children and individuals surrounding them. It is a pervasive part of our culture. This affects men, women, and transgendered people from all walks of life. Some have access to resources to deal with violence, others fall through the cracks. If we take the basic data about child sexual abuse, established by several research findings, including the Center for Disease Control - that I out of 3 girls and I out of 5 boys before the age of 18 are sexually abused, we are looking at a profound disconnect in our society which has lasting ramifications for the community and for all individuals.

ental, physical, and emotional struggles are only some of the long-term impacts of violence. Oftentimes, unaddressed histories of violence will tear communities apart and separate family members from eachother, thereby making it harder for individuals to get the support, relationships, and communities that are trying to address this issue proactively. This section is in part resource and in part dictionary - so much of violence goes unnamed and unseen. It is important that we understand the true nature of intimate violence that limits full reproductive justice, limits community power, and its replication in institutional practices. We hope to connect the dots between intimate violence (private violence) and institutional violence (public violence) as well as provide helpful resources for all those affected by it.

§

# Intimate Violence | Defining the Abuse

hat is consent? In cases of violence, "consent" is oftentimes used to measure the "truth" of the violation. Consent means saying "yes" to engaging in a particular act. Consent does not occur when one person says no, says nothing, is coerced, is physically forced, is mentally or physically incapacitated, is intoxicated, is under the influence of drugs, is unconscious, or any time that consent is not explicitly given. Having given consent on a previous occasion does not mean that a person has consented for any future encounter. In a culture where age, gender, race, and class play a big role, consent is very complicated, i.e. women are oftentimes trained to say "yes" rather than "no" even when it is harmful to them, in other cases individuals will consent to something harmful based on immediate threats to life and/or safety.

**ABUSE:** Any type of treatment that is harmful, injurious, or threatening. There are many types of abuse including emotional, mental, physical, and sexual. Often more that one type of abuse occurs at one time or during one experience.

**a. Emotional Abuse:** Any abuse that causes or intends to cause emotional damage. This can include name-calling, derogatory comments, insults, threats, and social isolation. Emotional abuse is often very damaging to the victim's self-esteem and can lead to a dependency on the abuser. Emotional abuse almost always includes blaming the victim for the abuse.

**b. Mental Abuse:** A blanket term for emotional, intellectual or psychological abuse. An example of mental abuse would be for the abuser to hide or re-locate the partner's life-saving medication.

**c. Physical Abuse:** Any physical injury, threat of injury, or threat of a situation that has a risk of physical harm, disfigurement, or death. Physical abuse can include hitting, kicking, biting, slapping, punching, and pushing. Physical abuse can also include such things as withholding access to medical treatment or necessities such as food or shelter.

**d. Sexual Abuse:** Any abuse, whether physical or mental, that is sexual in nature. Sexual abuse can include rape, sexual harassment, forcible anal and/or oral sex, exhibitionism, voyeurism, sexual pressure or coercion, unwanted genital contact, inappropriate sexual comments, and forced object penetration, among others.

**CYCLE OFVIOLENCE:** A typical pattern of relationship violence where the relationship moves from a "honeymoon" or calm phase into a tension-building phase into a crisis phase where battering occurs. Due to the continuous cycle, many abusers can persuade the abused to stay in the relationship by making up to them during the honeymoon phase.

**DATING VIOLENCE:** Any type of emotional, physical, or sexual abuse where the victim and the offender are in a dating relationship. Though this term often refers to physical violence, this term can mean any type of abusive dating relationship.

**DOMESTIC VIOLENCE:** Used to refer to any type of emotional, physical, or sexual abuse where the offender and the victim live together. Typically the victim and the offender are involved in an intimate relationship as well.

**ANIMAL ABUSE:** Abusers hit, kick, throw, torture, and kill the family pets in an effort to terrorize the family and keep them silent about the abuse in their home. Concern for a beloved companion animal's welfare prevents or delays more than 50% of battered individuals from escaping domestic abuse, continuing to endanger themselves, their children, and their pets. Their concerns are legitimate: it is estimated that 88% of animals in households where mental and physical abuse takes place, the family pet is injured or killed when the victim tries to leave.

**STALKING:** A type of assault where the offender is continuously entering the victim's life without permission, either in person, on the telephone, on the internet, at home, at work, or in multiple capacities. Stalkers can oftentimes combine physical, mental, and sexual abuse to destabilize the victim. If you are being stalked, keep a log of what has occurred and when, contact the authorities and seek assistance.

**EXHIBITIONISM:** The act of exposing others to the sight of one's genitalia in a lewd, indecent manner, or age-inappropriate manner. Many cases of child sexual abuse may involve consistent exhibitionism practiced by caregivers offending against younger children within the intimate network.

**VOYEURISM:** Looking at someone in an inappropriate or lewd manner, usually when sight of the private parts of their body are exposed.

FORCIBLE SODOMY: (legal term) Oral or anal sex without both people's consent.

**INCEST:** Sexual contact between persons who are closely related by birth or marriage. Oftentimes due to power differentials based on age, gender, and class, specifically between adult parent and child it is abuse and can lead to long-term mental health challenges.

**MOLESTATION:** A word that means to annoy or to disturb, but has sexual connotations. Typically refers to a person behavior when he or she sexually assaults children.

**STATUTORY RAPE: (legal term)** Sexual relations with a child or a minor with their consent. The age and age differences for prosecuting statutory rape vary from state to state.

**RAPE:** Any unwanted sexual intercourse. The legal definition usually refers to only heterosexual forced intercourse, but commonly rape is used to refer to any forced sexual act regardless of the offender or the victim's gender, gender identity, or sexual orientation. Rape occurs one person does not freely consent to sexual intercourse.

**ACQUAINTANCE RAPE:** Any rape where the victim knows the offender. Most studies show that the vast majority of rapes are acquaintance rapes, usually citing between 80-95%, as opposed to stranger rapes. Many people who are raped do not identify their experience as rape due to culture myths on sexual assault. Even if you know the offender, if you have not given your consent, it is still rape.

DATE RAPE: Any rape where the victim knows the offender in a dating capacity. Even

if you were on a date or had sex with them before, if you do not give consent, it is still rape.

**DOMESTIC RAPE:** A rape where the offender and the victim live together. Marital rape refers to rape where the offender and the victim are legally married. Though laws are changing, the legal system has often been of little protection for domestic partners and spouses who are raped. Due to cultural norms based on male supremacy, in many networks it is considered the birthright of the husband or man to have access at all times to the woman's body. Policies and practices will gradually change once this norm is challenges.

**GANG RAPE:** A rape where there is more than one offender. Gang rapes usually are planned, involve drugs and/or alcohol, and involve physical assault. Gang rapes are often severely underreported to officials.

**SEXUAL HARASSMENT:** A violation of a person's civil and constitutional rights that can be physical, verbal or non-verbal. It includes unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature. Sexual harassment can take the form of gender harassment, seductive behavior, sexual bribery, and sexual coercion or pressure. Sexual harassment can happen in private or public settings, but is often used to refer to the workplace.

**MALTREATMENT:** A form of abuse against children, or anyone incapable of caring for themselves, that involves not responding to the physical and mental needs of the person. This can involve withholding or providing inadequate food, shelter, and medical care, as well as any type of emotional, physical, or sexual abuse. Maltreatment is also referred to as neglect or abuse.

**SAME-SEX/GENDERVIOLENCE:** Due to misconceptions about women and violence, pervasive shame and stigma, and the general disenfranchisement of the LGBTQ community, there are very few resources supporting victims of same-sex violence. Because LGBT individuals face a society oppressive and hostile towards them, LGBTQ individuals are often afraid of revealing their sexual orientation or the nature of their relationship. Abuse in LGBTQ relationships happens for the same reasons as in heterosexual relationships, to maintain control and power over ones partner. Although LGBTQ relationships do not look like heterosexual relationships, the abusive behaviors used by a LGBTQ batterer are similar. For more information on LGBTQ violence go to

#### http://www.thenetworklared.org/

**EXTENDED FAMILY VIOLENCE:** In many cultures and communities, violence against women does not only happen between immediate family members. Oftentimes, violence, hierarchies, and demands are enforced by in-laws and other extended family members who benefit from the exploitation of women, e.g. married woman who is forced by mother-in-law through violence and threat of ostracism into a state of "household" slavery or bondage.

# Sexual Assault/Rape Crisis Centers

# IT IS NOTYOUR FAULT!

hat to do I do if I am a victim of sexual violence? • Contact a friend, relative, neighbor, teacher, counselor, etc. Do not feel alone; there are people who can give you the emotional support you need.

Report the attack to the police whether or not you plan to file charges. Rarely do rapists attack only one person; they may get away with it and continue to rape.
Seek medical attention. Do not shower or clean up first. As soon as possible, go to a hospital or health center. Get examined and treated for possible venereal disease and pregnancy. You may also have internal injuries of which you are unaware.

**Reporting**: There are ongoing discussions about the benefits of reporting. Many victims, including those who are already marginalized, such as transgendered people and immigrants, face many risks when they interface with law enforcement. They may experience further violence and indignities, e.g., undocumented immigrant women may be deported, sex workers may be blamed and/or disbelieved for the attack, and transgendered people may be blamed, disbelieved, and attacked further by homophobic law enforcement. It is important to weigh the pros and cons of reporting and call on the confidential and human rights based resources in this booklet that take a more social justice approach to cases of violent victimization. **REMEMBERYOU ARE NOT** 

You have been through a traumatic event and will benefit from dealing with your feelings. Survivors who get counseling recover from the attack quicker and with fewer lasting effects than survivors who get no help.

# Call the Georgia Network to End Sexual Assault 1-866-354-3672 or 404-815-5261 to locate the center closest to you For more information: www.gnesa.org

	<b>b</b>
Carroll Rape Crisis, Inc., Carrollton	770-834-8905
Crisis Line	770-834-RAPE
Columbus RCC, Inc	706-571-1908
Crisis Line	706-571-6010
Crisis Line of Middle Georgia, Macon	
Dekalb Rape Crisis, Decatur	
Full service rape crisis center, all services free of charge.	
Crisis Line	404-377-1428
F.A.I.T.H., Fight Abuse In The Home, Clayton.	
Office	
Crisis Line	
Grady Rape Crisis Center, Atlanta	
Griffin Sexual Assault Center	
Crisis Line	678-5441-1421
Gwinnett Sexual Assault Center, Inc., Duluth	770-497-9122
Crisis Line	

The Haven, Valdosta	.229-242-1544
Crisis Line	.229-244-1765
HODAC Victim Resource Center, Warner Robbins	478-953-5675
Helpline Georgia	800-338-6745
North Georgia Mountain Crisis Network, Blue Ridge	706-632-0504
Crisis Line	800-334-2836
Raksha	404-876-0670
A Georgia-based nonprofit organization for the South Asian Community.	
Help line	404-842-0725
Rape Crisis & SA Services University Hospital, Augusta	706-774-2740
Crisis Line	706-724-5200
Rape Crisis Center of Coastal Empire, Inc., Savannah	.912-233-3000
Rape Response Inc., Gainesville (24 hour service)	
Crisis Line	
S.A.F.E., Blairsville.	.706-379-1901
Crisis.	706-745-8900
Satilla Advocacy Services, Waycross	912-283-7355
Crisis Line.	
Sexual Assault Center of Northeast Georgia, Athens	706-546-1133
Crisis Line	706-353-1912
Sexual Assault Center of Northwest Georgia, Rome	706-292-9024
Crisis Line	706-802-0580
Southern Crescent Sexual Assault Center, Jonesboro	770-603-4045
Crisis Line	.770-477-2177
WINGS, Dublin	.478-272-8000
Women In Need of God's Shelter	
Crisis	800-946-4703
YWCA of Cobb County, Rape Crisis Center, Marietta	770-423-3560
Crisis	770-427-3390

# Child Sexual Abuse: Resources for victims and those who offend

For resources across Georgia call:	
Prevent Child Abuse Georgia Helpline	I-800-CHILDREN
Confidential HELPLINE for families, survivors and their loved ones.	
Georgia Center for Children	
Fulton	678-904-2880
Dekalb	404-378-6100
Children's Healthcare of Atlanta, Child Protection Center	404-250-KIDS

Referral Guide for List of Abuse Treatment Services In Georgia http://www.preventchildabusega.org/html/referralguide.html

# Family & Intimate Partner Violence

If you feel you're in a life-threatening situation, dial 911.

I-800-799-SAFE · I-800-799-7233 · I-800-787-3224 TDD

4-hour-a-day hotline staffed by trained counselors ready to provide immediate crisis intervention assistance to those in need. Callers can be connected directly to help in their communities, including emergency services and shelters as well as receive information and referrals, counseling and assistance in reporting abuse. This is available to anyone—man, woman or child—who is a survivor of domestic violence, or who suspects that someone they know may be the victim of abuse. Calls to the hotline are confidential, and callers may remain anonymous if they wish.

Amity House, Brunswick	
Crisis Line	
Army Family Advocacy Shelter	
Hotline/Crisis	
Office	
Atlanta Lesbian Health Initiative (Domestic Violence Program)	
Baitul Salaam Network	
*Enter Pin Number "00" when prompted*	
The Black Church and Domestic Violence Institute	
Calhoun/Gordon County Council on Battered Women	
Hotline/Crisis	
Office	
Camden Community Crisis Center, Inc., St. Mary's	912-882-7858
Carroll County Emergency Shelter, Carrolton	770-834-1141
Cherokee Family Violence Center	
Crisis Line	770-479-1703
*Christian League for Battered Women, Tranquility House, Ca	rtersville
Hotline	770-386-8779
Office	770-386-8093
Circle of Hope (Cornelia, GA)	
Hotline	
Office	
Coastal Area Support Team (Hinesville, GA)	
Columbus Alliance for Battered Women, Inc	
Crisis Line	
Council on Battered Women, Inc., Atlanta	
Crisis Line	
Tri-County Protective Agency, Hinesville	912-368-9200
Face To Face—YWCA of Greater Atlanta	
Hotline	
Office	
Fayette County Council on Battered Women, Fayetteville	770-460-1604
Fight Abuse in the Home (FAITH)	
Hotline	
Phone	706-782-1338
Forsyth County Family Haven (cumming)	
Hotline	
Office	
Fort Benning Family Advocacy	545-6969 or 334-545-3344
Gateway House (Gainesville, GA)	

Shelter and legal assistance	
Hotline	770-536-5860
Office	770-539-9080
Georgia Coalition Against Domestic Violence	800-33-HAVEN
Habersham Circle of Hope, Clarksville	
Crisis	
The Haven,Valdosta	
Crisis Line	
Hospitality House For Women, Inc., Rome	
Crisis Line	
International Women's House (Decatur)	
Hotline	
Liberty House of Albany	
Hotline	
Macon Rescue Mission	
Men Stopping Violence	
Milledgeville/Baldwin County Rape Crisis Center	
Crisis Line	
Noa's Ark, Dahlonega	
North Georgia Mountain Crisis Network, Blue Ridge	
Crisis Line	
Northeast Georgia Council on Domestic Violence (Hartwell, GA)	
Hotline (collect calls accepted)	706-376-7111
Office	
Northwest Georgia Family Crisis Center, Inc., Dalton	
Office of the Staff Judge Advocate, Fort Gordon	
Crisis Line	
Partnership Against Domestic Violence	700-771-5110/5015
Fulton County Hotline	404-873-1766
Gwinnett County Hotline	
Polk County Women's Shelter (Cedartown, GA)	
Hotline	770 749 9330
Office	
Project Renewal (Conyers, GA)	
Hotline	770 960 1666
Office	
Project Safe, Athens	
Crisis Line	
Raksha	
A Georgia-based nonprofit organization for the South Asian Comr	
Help line	
	404 042 0725
Safe Haven Transitional (Conley, GA)	
Safe Haven Transitional (Conley, GA) Safe Homes of Augusta, Inc	404-241-8740 404-736-2499
Safe Haven Transitional (Conley, GA) Safe Homes of Augusta, Inc S.A.F.E., Blairsville	404-241-8740 404-736-2499 706-379-1901
Safe Haven Transitional (Conley, GA) Safe Homes of Augusta, Inc S.A.F.E., Blairsville Crisis Line	
Safe Haven Transitional (Conley, GA) Safe Homes of Augusta, Inc. S.A.F.E., Blairsville. Crisis Line. The Salvation Army Safe House, Warner Robbins.	
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Safe Haven Transitional (Conley, GA) Safe Homes of Augusta, Inc. S.A.F.E., Blairsville. Crisis Line. The Salvation Army Safe House, Warner Robbins.	

Crisis Line	S.H.A.R.E. House, Inc., Douglasville	404-489-7513
Shepherd's Rest Ministries (Dallas, GA)		
Shepherd's Rest Ministries (Dallas, GA)	The Shelter, Waycross	912-285-5850
Hotline (Toll-Free)		
Local Hotline	Tri-County Protective Agency (Hinesville, GA)	
Women in Need of God's Shelter (WINGS)Hotline	Hotline (Toll-Free)	800-334-2836
Hotline	Local Hotline	912-368-9200
Office	Women in Need of God's Shelter (WINGS)	
Women's Resource Center to End Domestic Violence, Decatur404-688-9436 Women's Support Network, Covington706-929-6789	Hotline	478-272-8000
Women's Support Network, Covington706-929-6789	Office	478-272-5880
	Women's Resource Center to End Domestic Violence, Decatur	404-688-9436
NAMEA (C. H. C	Women's Support Network, Covington	706-929-6789
YVCA of Cobb County, Crisis Intervention, Marietta404-427-3492	YWCA of Cobb County, Crisis Intervention, Marietta	404-427-3492
Crisis Line	Crisis Line	404-427-3390

## Ahimsa House

Ahimsa House, Inc., assists victims of abuse by providing a safe haven for their companion animals so that they do not have to worry about their safety and well being. Ahimsa House works with law enforcement agencies, domestic violence shelters, and counseling agencies to assist both the human and animal victims. Women, children, and their beloved pets are reunited after approximately 65 days.

24 hour crisis line at (404) 452-6248. This line is for use by victims of abuse or their representatives only.

# Resources for Immigrant and Refugee Women Family Violence & Trafficking

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Women's Program: Support and reflection groups; Court accompaniment; Assistance with Temporary; Protective Orders; Access to shelters, legal services & counseling services; Interpretation

Men's Program: 24-session family violence intervention program certified by the State of Georgia that includes: Education & critical consciousness groups about domestic violence; Substance abuse education group

*Children's Program*: Sharing groups for adolescents and children 4-12 years old; Playgroup for infants and toddlers; Individual counseling; Liaison with schools and juvenile courts; Tutoring

Tapestri, Inc.	
Main Office4	04.299.2185

Domestic Violence Line	
Outside Metro Atlanta	
Anti-Human Trafficking Line	
Outside Metro Atlanta	
Tapestri Fax	
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- Legal Advocacy Program: Providing legal advocacy, assistance and referrals for victims of domestic violence
- Technical Assistance Program: Providing technical assistance on refugee and immigrant issues related to domestic violence for all social service providers
- Access for Immigrants Program: Providing trainings on domestic violence and refugee and immigrant issues for court interpreters and personnel
- Anti-Trafficking Program: Providing outreach, education and direct services for victims of human trafficking
- *Tapestri Men's Program:* Providing an ongoing 24-week Family Violence Intervention Program designed for refugee and immigrant men.

All programs include a training component, involving developing outreach material about refugee and immigrant issues, domestic violence and human trafficking for mainstream service providers and refugee and immigrant communities.

- Crisis and Transitional Shelter; Multi-Lingual Staff: Women and children in need of both emergency shelter and continued support find safety at our shelter. IWH case managers speak many different languages including: Spanish, Arabic, Russian, Greek, German, French, Polish, Urdu, and Yiddish.
- 24-Hour Crisis Hotline: Our 24/7/365 Hotline is staffed by trained employees who respond to calls requesting emergency shelter and counseling.
- Support Services: Legal Advocacy; Immigration Assistance; State Assistance/TANF/ Housing; Job Training/Job Placement; Mental/Physical Health Assessments; English as a Second Language Classes; Parenting Skills Training; Children's Programs/Support Groups

Refugee Family Services.....(404) 299-6217

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# Institutional Violence:

**ppressed communities, such as poor people, immigrants, LGBTQ individuals are affected by violence** from police brutality, racial bias, racial profiling, selective prosecution<sup>3</sup> as well as the impact of armed presence at all times in neighborhoods, parks, schools, etc. Under the

appearance of protection, this style of enforcement that can look like heightened surveillance of a community and/or physical violence against someone in a community, <u>creates an atmosphere of fear</u>, disempowerment, and discrimination. For many of these

3 When someone is prosecuted for a crime based on the fact that they have a certain identity or percieved identity based on race, religion, sexual identity, etc.

A Shelter for Battered Immigrant and Refugee Women and their Children

communities, women and children are disproportionately affected. Workplaces are increasingly hazardous to women, especially for immigrants who, under the promise of legal status and family reunification as well as the threat of deportation and/or violence, work for little-to-nothing in less then desireable situations. This creates a cycle of dependency and secrecy that allows employers to further exploit women. The use of sexual violence and harrasment are markers of this unequal relationship.

nother system of oppression in many cases is the prison system, which has become an increasingly common response to minor infractions which impact those who do not have the material resources, such as financial resources to afford legal representation - non-violence drug related offenses under the War on Drugs is one of the ways in which poor communities of color are being rounded up and placed in prison. As advocates, activists, and service providers it is important to note the birth of the War on Drugs as a war on people of color. Rather than develop responses to the impact of drug use, through rehabilitation and mental health support, racist interpretations of the source of the problem allowed for the criminalization of people of color. In this context, women, especially women of color living in poverty, with substance abuse issues, mental health struggles, and history of abuse and neglect, invariably end up incarcerated in the State's punitive response.

he prison system has also expanded it's reach to criminalize noncitizen immigrants and place many of them in deportation and detention proceedings. There are many issues that complicate the immigrant community's relationship with the criminal legal system. 1996 laws that made minor infractions like shoplifting a deportable offense for documented immigrants as well as post-September 11 legislation that continue to criminalize immigrants makes this relationship very problematic. Services and opportunities for immigrants are extremely complex and require resources and attention as well as an understanding of the risks non-citizen women take when they interact with law enforcement.

To understand the impact of institutionalized violence here are some points to keep in mind:

- About 80 percent of women inmates have already experienced some kind of sexual or physical abuse before prison Sarah From, director of public policy and communications at the Women's Prison Association.
- A study done for California State University found that 90 percent of farmworker women reported sexual harassment on the job as a major problem. Hundreds, if not thousands, of women in California alone have been sexually abused in the workplace, according to the Equal Employment Opportunity Commission.
- Over 400 women and girls have been brutally killed in Ciudad Juárez and Chihuahua, Mexico since 1993. Some of the victims were employees of the maquiladora industry and disappeared on their way to or from work.
- Currently there are 2,000 battered women in America who are serving prison time for defending their lives against their batterers. (Stacey Kabat, Remarks from presentation at Harvard School of Public Health, Center for Health Communication, June 1991)

- With little reduction in the drug epidemic, the U.S. now leads in the number of people the state incarcerates. There are now 2.1 million Americans behind bars, a third of them for non-violent drug offences. University of California Professor Angela Davis reports: "Imprisonment has become the response of first resort to far too many of the social problems that burden people who are ensconced in poverty."
- The U.S. government detains over 280,000 people a year more than triple the number of people in detention just nine years ago in a hodgepodge of over 400 facilities at an annual cost of more than \$1.2 billion.<sup>4</sup>

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# Non-citizen or Immigrant Rights Information

## What rights do I have?

*The Right to Advocate for Change.* The First Amendment to the U.S. Constitution protects the rights of groups and individuals who advocate changes in laws, government practices, and even the form of government.

*The Right to Remain Silent.* The Fifth Amendment of the Constitution provides that every person has the right to remain silent in the face of questions posed by any police officer or government agent.

The Right to be Free from "Unreasonable Searches and Seizures." The Fourth Amendment is supposed to protect your privacy. Without a warrant, no government agent is allowed to search your home or office and you can refuse to let them in. Know, however, that it is easy for the government to monitor your telephone calls, conversations in your office, home, car, or meeting place, as well as mail. E-mail is particularly insecure. The government has already begun stepping up its monitoring of e-mails.

For "know your rights" brochures.....National Lawyers Guild (212) 679-5100



**That should I know about immigration detention facilities?** The Department of Homeland Security (DHS) is ultimately in charge of immigration detention. The DHS sub-agency, Immigration and Customs Enforcement (ICE), manages enforcement actions, raids,

arrests and the detention system. Each facility has different visitor and entry policies. While there are immigration-managed facilities, most immigrants are detained in county or local jails or private contract facilities.

The detention facilities can be:

ICE-managed facilities

<sup>4</sup> Sabol, William J., PhD, Couture, Heather, and Harrison, Paige M., Bureau of Justice Statistics, Prisoners in 2006 (Washington, DC: US Department of Justice, December 2007), NCJ219416, p. 3.

- Private contract facilities
- Local County Jail
- Federal prison
- Military Base

# What should I know if my loved one is in detention?

- The person's full name (including all aliases)
- Their date of birth
- Their "A" number ("Alien Registration Number.") The A number is on most immigration papers, including a work permit, green card, or any other document that immigration provides. It looks like:A99 999 999.

# Allies prepare immigrants in the community so they know they should...

- REMAIN SILENT, or tell the Immigration and Citizenship Enforcement (ICE) agent that they want to remain silent.
- Ask to speak with a lawyer.
- NOT carry false documents.
- Carry a "know your rights" card (see www.nilc.org/ce/nilc/rightscard\_2007-03-15.pdf).
- Find out the name and phone number of a reliable immigration attorney and keep this information with them at all times.
- Know their "alien registration number" ("A" number) if they have one, and write it down someplace at home where their family members know where to find it.
- Prepare a form or document that authorizes another adult to care for their minor children.
- Advise family members who do not want to be questioned by ICE to stay away from the place where the raid occurred or where a detained person is being held.
- NOT sign any documents without first speaking with a lawyer.

# Immigrant Rights Resources

# American Arab Anti-Discrimination Committee (ADC)

Report hate crimes and harassment against Arab Americans and Muslims National Office: (202) 244-2990, ADC-SF: (415) 861-7444

# American Civil Liberties Union of Georgia

ACLU of Georgia PO Box 54406 Atlanta, GA 30308 National Lawyers Guild (NLG) National Office: (212) 679-5100, www.nlg.org NLG Bay Area legal hotline for police/ government harassment: (415) 285-1055 or (415)255-0796.

# **Council on American-Islamic Relations**

453 New Jersey Avenue, S.E. Washington, DC 20003 Tel: 202.488.8787 Fax: 202.488.0833 info@cair.com / www.cair.com

## **Detention Watch Network**

c/o Jobs with Justice, Suite 200 1325 Massachusetts Ave. NW Washington, D.C. 20005 202/393-1044 x227 fax: 202/393-7408

## Georgia Latino Alliance for Human Rights

770 457 5232 3783 Presidential Pkwy Suite 140 Atlanta, GA 30340 Immigrant Solidarity Network Action, News, and Education Email digest of the latest from Immigrant Rights Organizations; National action for local activists http://www.immigrantsolidarity.org/

# National Immigration Project

(617) 227-9727 Immigration law information is also available on: http://www.nilc.org/ *"Know you rights" information available in Farsi, Arabic, Punjabi, English, Chinese, Spanish, Portuguese* 

# National Network for Immigrant and Refugee Rights

Peace Education Program American Friends Service Committee - Atlanta, GA 404-586-0460 92 Piedmont Avenue, N.E. Atlanta, GA 30303

# Sexual Violence and Harrasment at the Work Place

# Supporting Women and Families in Prison

Forever Family Formerly Aid to Children of Imprisoned Mothers, (AIM) (404)762-5433 (voice) (404)762-7664 (fax) 1514 E. Cleveland Avenue, Suite 115 East Point, GA. 30344 Contact Person - Temika Williams, Legal Advocate/Equal Justice Works Fellow Website: www.takingaim.net

AIM's mission is to inspire hope in the children of imprisoned mothers by providing programs and services that lessen the impact of the mother's incarceration.AIM's

services are holistic and intergenerational in nature and are offered to children, mothers and caregivers. We provide youth after-school programs, family visitation services, parent education, and volunteer enrichment opportunities.

## Project Welcome Home

Gale "Sky" Edeawo (912) 351-1681 (voice mail) P.O. Box 61660 Savannah, GA. 31420 e-mail: mamasky07@aol.com

Project Welcome home is an AfterCare Referral Service which primarily works with women reentering society from jail or prison. We are a hands on referral service that connects women to agencies that offer them education, housing, life skills, support groups, etc. We advocate and intermediate for our women, assisting them as much as possible in obtaining a smooth transition back into their community. We normally service the Southeastern Georgia area, Chatham, Liberty, Effingham, McIntosh, Camden, etc. Focusing mostly on areas in and around Chatham county.

## Mothers Advocating Juvenile Justice (MAJJ)

(404) 588-2224 (voice) (404) 486-8198 (fax) 4060 Peachtree Road Suite D324 Atlanta, Ga. 30319 email: majj01@yahoo.com

Mothers Advocating Juvenile Justice (M.A.J.J.) is a grassroots organization formed by mothers of children incarcerated in the adult criminal justice system. MAJJ advocates for fair treatment of these juveniles, the elimination of racial disparities in criminal prosecution and sentencing of juveniles, and passage of legislation for repeal of the law (SB440) permitting adjudication and incarceration of children as adults. MAJJ provides a support network for parents and families of these children, including monthly meetings and a support group.

# The Open Door Community/Southern Prison Ministry

910 Ponce de Leon Atlanta, Ga. 30306 (404) 874-9652 (voice) (404) 874-7694 (fax) email: pleon2000@mindspring.com Website: www.opendoorcommunity.org

The Open Door Community is a residential community in the Catholic Worker tradition (we're sometimes called the Protestant Catholic Worker House!). We seek to dismantle racism, sexism and heterosexism, abolish the death penalty, and create the Beloved Community on Earth through a loving relationship with some of the most neglected and outcast of God's children: the homeless and our sisters and brothers who are in prison.

# Southern Center for Human Rights

Fairness for Prisoners Families 404.688.1202 83 Poplar Street, N.W. Atlanta, GA 30303

The Southern Center for Human Rights is a non-profit, public interest law firm dedicated to enforcing the civil and human rights of people in the criminal justice system in the South. Legal work includes representing prisoners in challenges to unconstitutional conditions and practices in prisons and jails; challenging systemic failures in the legal representation of poor people in the criminal courts; and representing people facing the death penalty who otherwise would have no representation.

## **Prison and Jail Project**

Staff and volunteers of the Project monitor courtroom proceedings, visit prisoners, and investigate incidents of jail abuse and mistreatment of prisoners and criminal defendants. The Project publishes a newsletter, provides support and information to families of prisoners, confronts legal and political officials about the inequity of the justice system, and compiles information about various county jails for use in investigations by the Department of Justice.

P.O. Box 6749 Americus, Ga. 31709 (229) 928-2080 (voice) (229) 924-7080 (fax)

# **ADDITIONAL INFORMATION**

Evaluations, Order Form, Content Revision Requests	78
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An Abuse, Rape and Domestic Violence Aid and Resource Collection Website: www.aardvarc.org

Aniz, Inc. 233 Mitchell St SW Suite 200 Atlanta, GA 30303 Toll Free: 866-521-2410 Phone: 404-521-2410 Fax: 404-521-2499

Website: www.aniz.org

Appling County Health Department PO Box 37 34 Walnut St Baxley, GA 31515 Phone: 912-367-1096 Fax: 912-367-4601

Arista OB/GYN, Ken Healey, MD, F.A.C.O.G. Toll Free: 877-893-1100 Website: www.aristaobgyn.com Email: staff@aristaobgyn.com

Locations: 12389 Crabapple Rd Alpharetta, GA 30004 Phone: 770-475-7275 Fax: 770-475-1354

110 North Corners Parkway Cumming, GA 30040 Phone: 770-844-0546 Fax: 770-844-0549 Athens-Clarke County Health Dept. 345 North Harris St Athens, GA 30601 Phone: 706-542-8600 Atlanta Women's Medical Center 235 West Wieuca Rd Atlanta, GA 30342 404-257-0057 Toll Free: 800-877-6332 Fax: 404-257-1245 www.atlantawomenscenter.com

Stephen M Ayres, MD, PC 993 Johnson Ferry NE Atlanta, GA 30342 404-256-2943

Athens Nurses Clinic for the homeless and underinsured 496 Reese St Athens, GA 30601 Phone:706-613-6976 Email: athensnursesclinic1@juno.com

Atkinson County Health Dept. Mailing: P.O. Drawer 218 Pearson, GA 31642 Location: 636 Austin Ave, Suite 1 Pearson, GA 31642 Phone: 912-422-9222 Fax: 912-422-7345 Atlanta Harm Reduction Coalition Mailing: P.O. Box 92670 Atlanta, GA 30307 Location: 472 Paines Ave NW Atlanta, GA 30318 Phone: 404-817-9994 Fax: 404-817-9939 Email: Janice@atlantaharmreduction.org Website: www.atlantaharmreduction.org

Atlanta Lesbian Health Initiative 1530 Dekalb Ave NE Suite A Atlanta, GA 30307 Phone: 404-688-2524 Fax: 404-688-2638 Email: info@thehealthinitiative.org Website: www.thehealthinitiative.org

Atlanta North Gynecology, P.C. 1105 Old Crabapple Road, Suite 111D Roswell, GA 30075 Phone: 770-992-2691 Fax: 770-518-8042

Atlanta Surgi-Center Inc. Early Abortion Office (6-14 weeks): 1113 Spring St. NW Atlanta, GA 30309

Late Abortion Prep Office (15-26 weeks): Piedmont Pointe Complex 1874 Piedmont Road NVV, Suite 580E Atlanta, GA 30324

For all appointments, call: Toll Free: 800-282-1046 Phone: 404-892-8608 Website: www.atlantasurgicenter.com

Atlanta Union Mission 165 Alexander St NW Atlanta, GA 30313 404-588-4009 webmaster@myaum.org www.aumcares.org Atlanta Women's Health Clinic 5269 Buford Hwy NE #8 Pinetree Plaza Doraville, GA 30340 770-457-5675

Bacon County Health Dept 101 N Wayne St Alma, GA 31510 912-632-4712

Bethany Christian Services 6645 Peachtree Dunwoody Rd NE Atlanta, GA 30328 770-455-7111 Toll Free: 800-455-7372 www.bethany.org/atlanta

Big Brothers/Sisters of Metro Atlanta 100 Edgewood Ave Suite 710 Atlanta, GA 30303 404-601-7000 www.bbsatl.org

Boys & Girls Club Family Resource Center 510 E Charlton St Savannah, GA 31401 912-233-2939

www.bgcsavannah.org

Boys & Girls Clubs of Augusta 1903 Division St Augusta, GA 30904 706-736-6498 www.bgcaugusta.org

Boys & Girls Clubs of Central Georgia 277 MLK Jr. Blvd Macon, GA 31201 478-743-4153 www.bgccentralgeorgia.org Boys & Girls Clubs of Columbus 1700 Buena Vista Rd Columbus, GA 31904 706-596-9330 www.bgc-colsga.org

Boys & Girls Clubs of Metro Atlanta 100 Edgewood Ave NE Atlanta, GA 30303 404-527-7100 www.bgcma.org

Boys & Girls Clubs of Valdosta 215 W North St Valdosta, GA 31601 229-242-0676 www.boysandgirlsclubofvaldosta.org

Brantley County Health Dept. Family Planning PO Box 603 115 Florida Ave Nahunta, GA 31553 912-462-6165

Breast Friends 180 Allen Rd Suite 204-South Atlanta, GA 30328 404-843-0839 Support Line: 404-843-0677 Toll Free: 888-718-3523 www.breastfriends.org

The Bridge 1559 Johnson Rd NW Atlanta, GA 30318 404-792-0070

Camden Community Crisis Center Inc. PO Box 1323 St. Mary's, GA 31588 912-882-7858 Candler County Health Dept. PO Box 205 Metter, GA 30439 912-685-5765 rcrevels@gdph.state.ga.us

Cancer Care, Inc. 1180 Ave of the Americas New York, NY 10036 212-302-2400 Toll Free: 800-813-HOPE Fax: 212-719-0263 www.cancercare.org

Cancer Hope Network 2 North Rd Chester, NJ 07930 877-HOPENET info@cancerhopenetwork.org www.cancerhopenetwork.org

Cancer State Aid (CSA) 2 Peachtree St 16th Floor Atlanta, GA 30303 404-657-2700 Toll Free: 866-351-0001 healthmatters@dhr.state.ga.us www.health.state.ga.us/programs/cancer/ stateaid.asp

Care & Counseling Center of Georgia 1814 Clairmont Rd Decatur, GA 30033 404-636-1457 info@cccgeorgia.org www.cccgeorgia.org

Carroll County Emergency Shelter PO Box 2192 Carrollton, GA 30117 770-834-1141 Carroll Rape Crisis, Inc. PO Box 2825 Carrollton, GA 30117 770-834-8905 Crisis: 770-834-RAPE

Catholic Social Services Adoption Program 680 W Peachtree St NW Atlanta, GA 30308 404-885-7275 Español: 404-978-2777 www.cssatlanta.com

Center for Black Women's Wellness 477 Windsor St Suite 309 Atlanta, GA 30312 404-688-9202 mail@cbww.org www.bbww.org

Center Hill Health Center 3201 Atlanta Industrial Pkwy Suite 302 Atlanta, GA 30331 404-699-6370 www.co.fulton.ga.us

Central City AIDS Network, Inc. 2020 Ingleside Ave Macon, GA 31204 478-750-8080 Toll Free: 800-374-2437 rainbow@mindspring.com www.mindspring.com/~rainbow

Childkind Foundation, Inc. 1775 Briarood Rd Atlanta, GA 30329 404-248-1980 childkind@childkind.org www.childkind.org Clark-Holder Clinic 303 Smith St LaGrange, GA 30240 706-882-8831 Toll Free: 800-554-9134

Clayton Country Health Dept 1117 Battle Creek Rd Jonesboro, GA 30326 678-610-7199

Teen Center 675 Forest Pkwy Forest Park, GA 30297 404-363-6781 www.co.clayton.ga.us/health

Clayton Center 853 Battle Creek Rd Jonesboro, GA 30236 770-478-1099 Fax: 770-478-8772

Clifton Springs Mental Health Center 3110 Clifton Springs Rd Decatur, GA 30034 404-243-9500

Clinch County Health Dept 405 Sweat St Homerville, GA 31634 912-487-2199

Cobb/Douglas County Boards of Health 1650 County Services Pkwy Marietta, GA 30008 770-514-2464 www.cobbanddouglaspublichealth.org

Cocaine Anonymous PO Box 2308 Suwanee, GA 30024 404-255-7787 Columbus Women's Health Organization 3850 Rosemont Dr Columbus, GA 31904 706-323-8363 Fax: 706-327-3811 www.nwho.com

Cool Girls 100 Edgewood Ave Suite 580 Atlanta, GA 30303 404-420-4365 info@CoolGirlsAtlanta.org www.thecoolgirls.org

Council on Battered Women, Inc. PO Box 54383 Atlanta, GA 30308 404-870-9600 Crisis: 404-873-1766

Cradle of Love 4549 Chamblee-Dunwoody Rd Atlanta, GA 30338 770-955-8550 cradleoflove@mindspring.com www.cradleoflove.org

Dekalb County Health Services Addiction Clinic 404-508-6430 Eleanor Richardson Bldg 404-294-3700

HIV Program 404-508-7866 445 Winn Way Decatur, GA www.dekalbhealth.net Dekalb Rape Crisis 204 Church St Decatur, GA 30033 404-377-1429 Crisis: 404-377-1428 Fax: 404-377-5644 info@dekalbrapecrisiscenter.org www.dekalbrapecrisiscenter.org

Douglasville Public Health Center 6770 Selmen Dr Douglasville, GA 30134 770-949-1970

Dunwoody Women's Medical Group 3114 Mercer Univ Dr Suite 100 Atlanta, GA 30341 770-454-8080 Fax: 770-451-3492

Toll Free: 800-586-9790 dwmg@bellsouth.net www.dunwoodywomensmedicalgroup. com

Evans County Health Dept PO Box 366 4 North Newton St Claxton, GA 30417 912-739-2088

Families First 1105 W Peachtree St NE Atlanta, GA 30597 404-853-2800

Family Counseling Center, CSRA Inc. 603 Ellis St Augusta, GA 30901 706-722-6512 Fayette County Council on Battered Women PO Box 854 Fayetteville, GA 30214 770-460-1604 promiseplace@bellsouth.net

Fayette County Health Dept 140 Stonewall Ave West Suite 107 Fayetteville, GA 30214 770-461-1178 fayettecountyhealthdepartment.org

Feminist Women's Health Center 1924 Cliff Valley Way NE Atlanta, GA 30329 404-728-7900 Fax: 404-728-7907 Toll Free: 800-877-6013 webmaster@feministcenter.org www.atlfwhc.org

FAITH (Fight Abuse in the Home) PO Box 1964 Clayton, GA 30525 706-782-1003 Toll Free: 888-782-1338 www.faith-inc.org

Floyd County Teen Plus Center 16 E 12th St Suite 200 Rome, GA 30161 706-802-5372/5375

Forsyth County Child Advocacy Ctr 104 Kelly Mill Rd Cumming, GA 30040 678-208-1908

Ft. Benning Family Advocacy Bldg 2624 Soldier's Plaza Ft Benning, GA 31905 334-545-6969/3344 Fulton County Ryan White Clinic 99 Jesse Hill Jr Dr SE 2nd Floor Atlanta, GA 30303 404-730-1430

GALANO

Gay and Lesbian Al-Anon Club 585 Dutch Valley Rd Atlanta, GA 30324 404-881-9188

Genesis "A New Life" 173 Boulevard NE Atlanta, GA 30312 404-522-6056

Genesis Adoptions 1000 Winward Concourse, Ste. 110 Alpharetta, GA 30005 678-518-3911 Fax: 678-518-3919

South/Central GA 678-432-9118 Fax: 770-957-3549 info@genesisadoptions.org www.genesisadoptions.org

Genesis Network and Counseling Center, Inc. 6440 Hillandale Dr Suite 101-102 Lithonia, GA 30058 770-686-5966 genesisnet@bigplanet.com

Georgia Advocates For Battered Women and Children 250 Georgia Ave., SE Atlanta, GA 30312 404-524-3847 Toll free: 800-643-1212 Georgia Agape, Inc. 3094 Mercer University Dr., Suite 200 Atlanta, GA 30341 770-452-9995 www.georgiaagape.org/

Georgia Baptist Children's Homes 505 Waterworks Rd. Palmetto, GA 30268 770-463-3800 888-545-8299 www.gbchfm.org

G-CAPP's Program 100 Auburn Ave, Ste. 200 Atlanta, GA 30303 404-524-2277 info@gcapp.org www.gcapp.org

Georgia Youth Advocate Program, Inc. 343 Telfair St. Augusta, GA 30901 706-774-6404 abrownlee@nyap.org www.gyap.org

Girls Incorporated of Albany 701 Park Place Albany, GA 31701 229-435-1897 info@girlsincofalbany.org www.girlsincofalbany.org

Girls Incorporated of Columbus and Phenix-Russell 3535 Levy Rd Columbus, GA 31903 706-683-0809 Dhyattgirlsinc@aol.com Girls Incorporated of Greater Atlanta 1801 Peachtree St NE Suite 200A Atlanta, GA 30309 678-686-1740 info@girlsincatl.org www.girlsincatl.org

Girls Incorporated of the Central Savannah River 1919 Watkins St. Augusta, GA 30904 706-733-2512 Chatham girlscsra@aol.com

The Giving Tree, Inc. 1842 Clairmont Rd. Decatur, GA 30033 404-633-3383

Grady Health System 80 Jesse Hill Jr. Dr. Atlanta, GA 30303 Family Planning 404-616-3678 Teen Services Grady 5th Floor 404-616-3513 www.hwgf.org/teen.html

Rape Crisis Center PO Box 26049 404-616-4861 Women's Urgent Care Grady 4th Floor in Clinic 404-616-8621

Greenville Women's Clinic 1142 Grove Rd. Greenville, SC 29605 864-232-1584 Toll free: 800-776-0082 Fax: 864-232-1352 www.greenvillewomensclinic.com Habersham Circle of Hope PO Box 833 Clarksville, GA 3053 I 706-776-3406 circleofhope@alltel.net www.gacircleofhope.org

Gwinnett Sexual Assault Center, Inc. PO Box 1329 Duluth, GA 30096 gsac@mindspring.com 770-497-9122 Crisis: 770-476-7407

Griffin Sexual Assault Center PO Box 129 Griffin, GA 30224 770-467-4740 x231 Crisis: 770-636-0088 contact@griffinsac.org www.griffinsac.org

The Haven PO Box 5382 Valdosta, GA 31603 229-242-1544 Crisis: 229-244-1765

HODAC Victim Resource Center 2762 Watson Blvd. Warner Robbins, GA 31093 478-953-5675 Helpline Georgia: 800-338-6745 info@hodac.org www.hodac.org/

Home But Not Alone! 5342 Tilly Mill Rd. Atlanta, GA 30338 770-396-3250 Hope for Children, Inc. 24 Perimeter Center East, Suite 2400 Atlanta, GA 30346 770-391-1511 Toll-free: 800-522-2913 www.hopeforchildren.org

Hospitality House For Women, Inc. PO Box 6163 Rome, GA 30162 706-235-4608 Crisis: 706-235-4673

Illien Adoptions International, Inc. 1250 Piedmont Ave NE Atlanta, GA 30309 404-815-1599 Fax: 404-876-0483 www.illienadoptions.org

Independent Adoption Center of Georgia 3774 LaVista Rd. Suite 100 Tucker, GA 30084 404-321-6900

Inner Summit, Inc. 2417 Candler Rd Decatur, GA 30032 404-288-4980

Kirkwood Mental Health Clinic 23 Warren St SE Atlanta, GA 30317 404-370-7474

LaGrange Obstetrics & Gynecology 303 Medical Dr., Ste. 405 LaGrange, GA 30240 706-812-2229

Lanier Family Planning 303 Pilgrim Mill Rd. Cumming, GA 30130 770-889-0133 Fax: 770-887-4664 Latino Commission on AIDS 80 5th Ave, Rm 1501 New York, NY 10011 212-675-3288

LDS Social Services 4823 N. Royal Atlanta Dr. Tucker, GA 30084 770-939-2121 www.ldsfamilyservices.org

Link Counseling Center 348 Mount Vernon Hwy NE Atlanta, GA 30328 404-256-9797

Link Counseling Center 1820 The Exchange SE Atlanta, GA 30339 770-541-1114

Living Room 341 Ponce de Leon Ave., NE Atlanta, GA 30308 404-616-6332

Lookout Mountain Community Services 501 Mize St. Lafayette, GA 30728 706-638-5580 Crisis: 800-882-1552 www.lmcs.org

Lutheran Ministries Adoption Services 756 W. Peachtree Street, NW Atlanta, GA 30308 404-607-7125 Macon Rescue Mission Battered Women Division PO Box 749 Macon, GA 31052 912-935-8626

Marietta Mental Health 1650 County Services Pkwy Marietta, GA 30060 770-514-2422

Men Stopping Violence 533 W. Howard Ave #3 Decatur, GA 30030 404-270-9894 Fax: 404-270-9895 shelley@menstoppingviolence.org www.menstoppingviolence.org

Mercy's Chosen Children, Inc. 201 East Ave. Lafayette, GA 30728 423-595-4408 mercyschosenchildren@att.net www.mercyschosenchildren.org

The Methodist Home 304 Pierce Avenue Macon, GA 31210 478-722-6430

Metropolitan Atlanta OB-GYN 4201 Rainbow Dr. Decatur, GA 30034 404-534-0035 Fax: 404-315-1338

Milledgeville/Baldwin County Rape Crisis Center PO Box 632 Milledgeville, GA 31061 912-453-4673 Crisis: 912-453-6537 Miracles AIDS Network 100 Wendell Ct. SW Suite 133 Atlanta, GA 30336 678-904-1329

Mount Vernon OB/GYN 755 Mt. Vernon Hwy, Ste.330 Atlanta, GA 30328 404-256-2277 NARAL Pro-Choice Georgia PO Box 5589 Atlanta, GA 31107 404-875-6338 www.garal.org

National AIDS Education and Services for Minorities, Inc. 2140 Martin Luther King, Jr. Drive Atlanta, GA 30310 404-691-8880 Fax: 404-691-8811 info@naesmonline.org naesmonline.org

National Families in Action 2957 Clairmont Rd NE, Suite 150 Atlanta, GA 30329 404-248-9676 www.parentcorps.org/join.html

New Beginnings Adoption, Edgewood Baptist Church 1316 Wynnton Court, Suite A Columbus, GA 31906 706-571-3346 800-482-0844 newbeginningsadoption@msn.com www.edcadoption.org New Start 30 Warren St., Box 7 Atlanta, GA 30317 404-370-1509

New Visions Women's Program DeKalb Addiction Clinic 455 Winn Way Decatur, GA 30030 404-508-6430 (x 3900)

Noah's Ark PO Box 685 Dahlonega, GA 30720 706-864-1986

North DeKalb Mental Health Center 3807 Clairmont Rd Atlanta, GA 30341 770-457-5867

Northeast Georgia Homeless Coalition 620 Barber St. Athens, GA 30601 706-546-6865

North Fulton Regional Health Center 2260 Old Milton Pkwy. Alpheretta, GA 30004 770-740-2403

North Georgia Mountain Crisis Network PO Box 1249 Blue Ridge, GA 30513 706-632-0504 Crisis: 800-334-2836 Northside Mental Health and Substance Abuse Center 5825 Glenridge Dr., Building 4 – Ground Floor Atlanta, GA 30328 404-851-8950

Northside Women's Clinic 3543 Chamblee-Dunwoody Rd. Atlanta, GA 30341 770-455-4210 Fax: 770-451-9529 northsidewomensclinic.com

Northwest Georgia Family Crisis Center, Inc. PO Box 554 Dalton, GA 30722 706-278-6595

Office of the Staff Judge Advocate Building #34401 Fort Gordon, GA 30905 706-791-2847 Crisis: 706-791-2979

Old National Gynecology 6210 Old National Highway College Park, GA 30349 770-991-7552 www.oldnationalgyn.com

One World Adoption Services 420-B South Hill Street Buford GA 30518 678-714-6612 Toll free: 1-866-714-6612 Fax: 678-714-6613 info@oneworldadoptions.org www.oneworldadoptions.org Open Door Adoption Agency 218 E. Jackson St. Thomasville, GA 31792 229-228-6339 800-868-6339 opendoor@rose.net www.opendooradoption.com

Our Common Welfare, Inc. Main Office: 3423 Covington Dr., Ste. B Decatur, GA 30032 404-284-6061 Fax: 404-284-9810

Prevention Services (Testing) 3423 Covington Dr., Ste. E Decatur, GA 30032 404-284-9878 Fax: 404-284-9972 www.ourcommonwelfare.com

R. Glen Owen, MD PC 1710 Central Ave Augusta, GA 30904 706-733-8202

Park Avenue Women's Health 4 Park Ave., Ste. B Lindale, GA 30147 706-295-5150 www.drannewaite.com

Planned Parenthood of Georgia, Inc. 100 Edgewood Ave., Suite 1604 Atlanta, GA 30303 404-688-9300 www.ppga.org/ For your nearest Planned Parenthood, dial toll-free: 800-230-PLAN

Positive Impact 1101 Juniper St., NE Atlanta, GA 30309 404-885-9040

Project DUNBAR 477 Windsor St., SW Atlanta, GA 30312 404-525-0751

Project L.O.V.E., Inc. PO Box 2107 La Grange, GA 30241 706-884-7589 Crisis: 706-882-1000

Project Open Hand/Atlanta 176 Ottley Dr, NE Atlanta, GA 30324 404-872-6947 Project Safe PO Box 7532 Athens, GA 30604 706-549-0922 Crisis: 706-543-3331

Raintree Village, Inc. 3757 Johnston Rd. Valdosta, GA 31601 229-559-5944, 866-788-5437 Fax: 229-559-7760 www.raintreevillage.org

Rape Crisis Center of Coastal Empire, Inc. PO Box 8492 Savannah, GA 31412 912-233-3000 Crisis: 912-233-7273 rapecc@clds.net www.rccsav.org

Rape Response Inc. PO Box 2883 Gainesville, GA 30503 770-503-7273 (24 hour service) Crisis: 800-721-1999

RC & SA Services University Hospital 1350 Walton Way Augusta, GA 30901 706-774-2731 Crisis: 706-724-5200

James Roberts, MD 5462 Memorial Dr Stone Mountain, GA 30083 404-508-8133

Roots 1777 Phoenix Parkway, Suite 108, College Park, GA 30349 770-907-7770 www.rootsadopt.org

Charles Rossmann, MD 1102 Williams St. Valdosta, GA 31601 229-242-4762

S.A.F.E. PO Box 11 Blairsville, GA 30514 706-745-4832 Crisis: 706-745-8900

Safe Homes of Augusta, Inc. PO Box 3187 Augusta, GA 30914 404-736-2499 Salvation Army 400 Luckie St, NW Atlanta, GA 30313 404-688-2884

The Salvation Army Safe House PO Box 2408 Warner Robbins, GA 31099 912-923-2348 Crisis:912-923-6294

Satilla Advocacy Services, 410 Darling Ave. PO Box 139 Waycross, GA 31501 912-285-7355 Crisis: 912-283-0987 www.satilla.org

Savannah Area Family Emergency Shelter, Inc. PO Box 22487 Savannah, GA 31403 912-234-9999

Savannah Medical Clinic 120 East 34th St. Savannah, GA 31401 912-236-1603 Toll-free: 800-247-4424 Fax: 912-236-1605 savannahmedicalclinic.com

Second Chance Homes 404-762-4250 www.gcapp.org/G-CAPP/ secondChanceHomes\_GA.htm

Sexual Assault Center of Northeast Georgia 3019 Lexington Rd Athens, GA 30605 706-546-1133 Crisis: 706-353-1912 Sexual Assault Center of Northwest Georgia 330 Turner Mccll Blvd, SW Rome, GA 30165 706-292-9024 Crisis: 706-802-0580

S.H.A.R.E. House, Inc. PO Box 723 Douglasville, GA 30133 404-489-7513 Toll Free: 800-643-1212

The Shelter PO Box 1824 Waycross, GA 31502 912-285-5850

SisterLove, Inc. PO Box 10558 1285 Ralph David Abernathy Blvd, SW Atlanta, GA 30310 404-753-7733 Fax: 404-753-1500 info@sisterlove.org www.sisterlove.org Southern Crescent Sexual Assault Center PO Box 1788 Jonesboro, GA 30237 770-603-4045 24 Hour Crisis Line: 770-477-2177 scsacinc@bellsouth.net www.scsac.com

Southside Medical Care Substance Abuse Center 1039 Ridge Ave SVV Atlanta, GA 30315 404-627-1385 St. Joseph's Mercy Care Services Administrative office: 424 Decatur St. Atlanta, GA 30312 404-880-3550 Clinic: Northeast Plaza 3367 Buford Hwy, Ste. 910 Atlanta, GA 30329 404-880-3711 www.stjosephsatlanta.org

St. Jude's Recovery Center 139 Renaissance Pkwy NE Atlanta, GA 30308 404-874-2224

St. Mark United Methodist Church 781 Peachtree St. NE Atlanta, GA 30308 404-873-2636 (x12)

Summit Medical Associates 1874 Piedmont Rd., Suite 500 E Atlanta, GA 30324 404-607-0042 Toll free: 800-537-2985

Susan G. Komen Breast Cancer Foundation 5005 LBJ Freeway, Ste. 250 Dallas, TX 75244 800-IM AWARE (800-462-9273) www.Komen.org

Lynn McNeese Swank,Attorney at Law 158 South Main Street Jonesboro, GA 30236 770-477-5318

Tattnall County Health Dept Po Box 426 200-B Main Street Reidsville, GA 30453 912-557-7850 Tedi Bear Adoptions 117 Manor Row Macon, GA 31210 904-280-1644 Fax: 904-280-1646 info@tedibearadoptions.org www.tedibearadoptions.org

Tattnall County Health Dept Po Box 426 200-B Main Street Reidsville, GA 30453 912-557-7850

T.O.Vinson Health Center 440 Winn Way Decatur, GA 30030 404-294-3762 www.dekalbhealth.net

Union Mission, Inc. 120 Fahm St. Savannah, GA 31401 912-236-7423 www.unionmission.org/index.htm University Health Center; University of Georgia 370 River Road Athens, GA 30602 706-542-8691 Irachun@uhs.uga.edu mcohen@uhs.uga.edu www.uhs.uga.edu/

Ware County Health Department 604 Riverside Ave. Waycross, GA 31501 912-283-1875

Wholistic Stress Control Institute, Inc. 2545 Benjamin E Mys Dr. SW Atlanta, GA 303 I I 404-755-0068 Wilkinson County Board of Education 100 Bacon St Irwinton, GA 31042 478-946-5521

WINGS PO Box 8277 Dublin, GA 30140 478-274-0545 Crisis: 800-946-4703

Winn Way Mental Health Center 445 Winn Way Decatur, GA 30030 404-508-7700

Womancare Obstetrics and Gynecology 800 E 70th St. Savannah, GA 31405 912-692-0606 www.womancareobgyn.com/

Women's Resource Center To End Domestic Violence PO Box 171 Decatur, GA 30031 404-688-9436

Women's Support Network Route 3 Box 685 Covington, GA 30209 706-929-6789

Woodbine Family Care Center 308 Bedell Ave Woodbine, GA 31569 912-576-5999

World Partners Adoptions, Inc. 2205 Summit Oaks Court Lawrenceville, GA 30043 770-962-7860 Toll-free: 800-350-7338 Fax: 770-513-7767 wpadopt@aol.com www.worldpartnersadoptions.org World Youth Alliance, Inc. 100 Edgewood Ave NE Suite 1240 Atlanta, GA 30303 404-827-9111 www.worldyouthalliance.com/index1.htm

Youth Pride 302 E Howard Ave. Decatur, GA 30030 404-378-6620 www.youthpride.org

YWCA of Cobb County 48 Henderson St. Marietta, GA 30064 Crisis Intervention 404-427-3492 Crisis: 404-427-3390

Rape Crisis 770-423-3560 Crisis: 770-427-3390 YWCA, Teen Teatro 599 Mitchell St SW Atlanta, GA 30314 404-522-9922

Y-ME National Breast Cancer Organization, Inc. National Headquarters 212 W.Van Buren, Suite 1000 Chicago, IL 60607-3908 Phone: 312-986-8338 Fax: 312-294-8597 Hotlines: 800-221-2141 (English)

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